

# Family mini-pilgrimage guide

*"Stand by the roads, and look, and ask for the ancient paths, where the good way is; and walk in it and find rest for your souls."* (Jeremiah 6:16)



## 1. Planning

Choose a destination and decide how you will be travelling.

Check the site will be open on the day you intend to travel.

Make sure you have essentials such as suitable footwear/clothing and water/snacks



## 2. Setting off

Discuss if there is a particular person, situation or other intention you want to pray for on the way?

Pray together using these verses of psalm 25 or your own preferred prayer:

*Make me know your ways,  
O LORD,  
teach me your paths.  
Lead me in your truth and  
teach me;  
for you are the God of  
my salvation;  
for you I wait all the day long.*

(Psalm 25: 4-5)



## 3. On the journey

As you travel you may like to discuss some of the following questions:

*What is your favourite thing about being out in nature? How can we care for the earth?*

*Where are you most aware of God's presence?*

*Who are the people who help us on our journey of life?*

*How can we be pilgrims of hope?*



## 5. Post pilgrimage

Thank God for all the blessings of the pilgrimage.

Invite each person to share something they are grateful for.

Pray together:

*God of the journey,  
We give you thanks  
for the graces of this  
pilgrimage.  
May we learn to walk  
always  
in your way of compassion  
hearts open to our global  
family,  
as we seek your face.  
Amen.*



## 4. When you arrive

Take some time to explore and pray in the special place you have travelled to.

It may be possible to light a candle or join in a collective time of prayer.