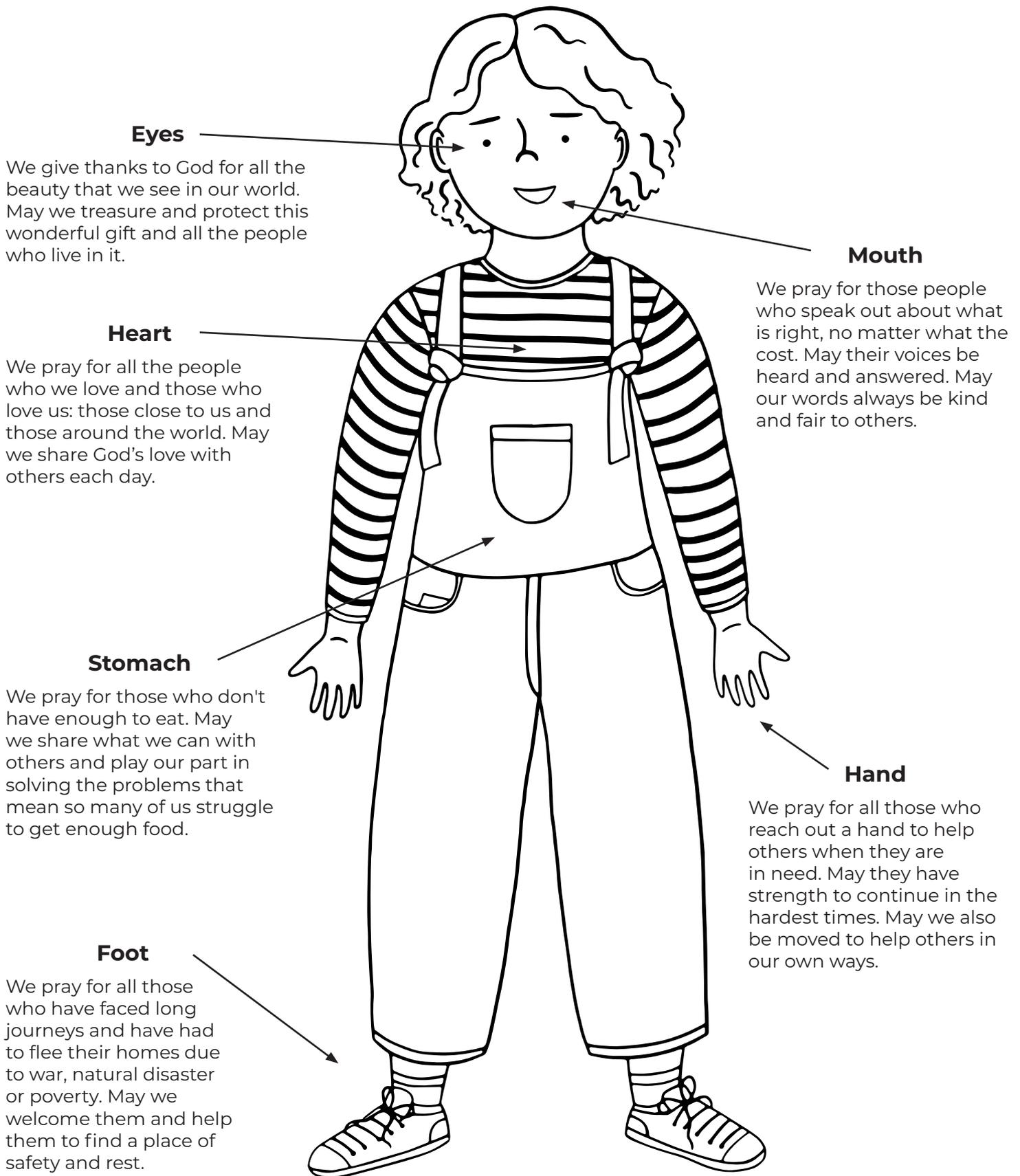


One body

Touch or point to these parts of your own body as you pray for some of the different parts of our global community.



Charity no 1160384 and a company limited by guarantee no 09387398. Illustration by: Emma Walton

Find more activities and prayers for families at cafod.org.uk/families