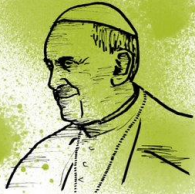


# BE REVOLUTIONARY

## A CAFOD Confirmation resource



*“There is an  
inseparable  
bond between  
our faith and  
the poor.”*

**Pope Francis**

**Confirmation is a pivotal moment in the life of a young person. It's their opportunity to be a disciple of the 21<sup>st</sup> century and take on Christ's mission of sharing God's love and justice in the world. At the Rio World Youth Day, Pope Francis challenged young people to “Be revolutionaries” and to “not be afraid to ...bring Christ into every area of life, to the fringes of society”. As catechists and youth leaders it is our privilege to walk alongside our young people, inspire them and prepare their hearts to be open so that the Holy Spirit may set them aflame with a love of God, the desire to share that love with others<sup>1</sup> and be witnesses to Christ.**

### **Our approach**

Pope Francis teaches that *“there is an inseparable bond between our faith and the poor”*<sup>2</sup>. We believe that an understanding of faith in the context of the Church as a global family is essential. We feel that understanding the lives of our sisters and brothers around the world who live in poverty and being inspired by them, nourishes our faith and our lives. However, this is not a passive occupation. The poor and outcast were Jesus' priority, *“Blessed are you poor; the Kingdom of God is yours!”*<sup>3</sup> Pope Francis has said that he would *“prefer a Church which is bruised, hurting and dirty because it has been out on the streets”*<sup>4</sup> and that *“what counts above all is ‘faith working through love’ (Gal 5:6)”*<sup>5</sup>.

In this Confirmation resource we provide an adaptable set of activities that you can integrate into your own Confirmation programme. The aim of the activities is to enable your confirmandi to explore the concept of justice and feel part of the global Church. We also want to provide some practical ways for young people to put their faith into action.

In our Confirmation resources we provide you with:

### **1 A PERFECT WORLD?**

An active and adaptable session on justice and its importance for Christians in restoring our world to the perfection God intended. It includes a simulation game. Use the whole session or choose parts to fit with your programme.

### **2 FAITH IN ACTION & THE HOLY SPIRIT**

An adaptable session on faith in action and the role of the Holy Spirit, empowering Christians across the world. Includes a set of eight case study cards. Use the whole session or choose parts to fit with your programme.

### **3 REVOLUTIONARY SERVICE CHALLENGE**

A service project often forms part of Confirmation preparation. This service challenge inspired by Pope Francis provides young people with the opportunity to put their faith into action. Includes a certificate template to copy and award.

### **4 SERVING OTHERS THROUGH LITURGY**

A chance to reflect on Jesus' example of service and to commission your young people to go out and serve others.

### **5 GLOBAL PRAYER**

Ten active ways to pray, inspired by communities we work with around the world. A practical way to reflect on the universal Church and see how faith is enhanced by local culture. This includes a set of images in a PowerPoint.

### **6 VIDEOS**

CAFOD videos to support these activities.



### **Keep in touch**

All of these resources can be found on [cafod.org.uk/confirmation](http://cafod.org.uk/confirmation).

Sign up to our Youth Leaders e-news at [cafod.org.uk/youth](http://cafod.org.uk/youth) to be the first to hear about new resources. We are also on Twitter @CAFODschools and email, [youth@cafod.org.uk](mailto:youth@cafod.org.uk). Please share pictures of your sessions with us! Do make sure you have the correct permissions in place first.

Keep in contact with your local CAFOD staff for ongoing support in your area. If you would like to bring a CAFOD Education Volunteer into one of your sessions in your parish, contact your local CAFOD office, [cafod.org.uk/uk](http://cafod.org.uk/uk).

Please encourage your young people to visit our website for inspiration and ways to put their faith into action.



### **CAFOD Shop**

You can order free posters and postcards and small Romero crosses at our shop – [cafod.org.uk/shop](http://cafod.org.uk/shop). Why not consider purchasing CAFOD World Gifts as Confirmation presents, such as 'a meal for someone in poverty', where you also receive 14 stickers to add to your Confirmation cards?

With our best wishes and prayers in your journey with your young people.

### **The CAFOD Education team**

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