

A Sporting Chance VIDEO

UNDERSTANDING SPORT AND DEVELOPMENT

Duration: 30 minutes

Aim: To gain a deeper understanding of how sport is used in development to help bring communities together.

PREPARATION

Watch the short video A SPORTING CHANCE, available on CAFOD TV. After the video give out the handout below to the group and get them all thinking about the issues raised.

Break your larger group into smaller discussion groups, and encourage them to reflect on the highlighted quotes below.



REFLECTIVE THINKING

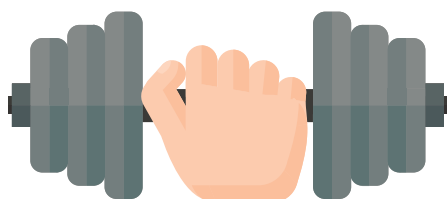
Encourage each group to read through the quotes, selecting:

- one that is the most surprising
- one that is the most challenging
- one that is the most inspiring

Then finish off the sentences found at the bottom of the sheet. They can either write their answers or feed them back in their small discussion groups.

FEEDBACK

Each group to feed back to the wider group on what they found most inspiring or surprising from the video and the quotes. Probe the group to think deeply about the issues. Why is CAFOD's work not about giving people handouts? How can sports help restore people's dignity?



THINK DEEPER! - EXPLORE THE QUOTES FROM THE VIDEO BELOW



“ Sport is a really powerful way of getting people **together**, **unifying** them, **building relationships**. And when those relationships are built they will last. ”
- CLODAGH

“ Sports gives me the strength of knowing how to live with people, how to **cooperate** and it has enabled me to make many **life skills** that help me to live a happy life in Korogocho, even though it is very difficult. ”

- JOYCE



“ In places of conflict we are able to get gangs or communities to **get together** in a different way. We can get things to happen that you cannot get to happen at that political level. ”
- GEOFF

“ Sport is a great way of **making a difference** ... it not only changes the people's lives that you're helping but it adds something to your own life. ”

- HOLLY



“ I would say we are more **like a family** than a group because we tell each other our problems and we help each other out. I prefer not to be part of the problem but **part of the change**. ”
- DAVID

FINISH OFF THE SENTENCES:

I believe...

My point of view is ...

I agree with ...

I really admire the way...

I would never have thought...

I hope I can...

“Sports make people equal. Everyone gets the same rules and no-one is discriminated.” - Do you agree or disagree with the girl's statement? Why?