

Professional Tennis Coach Certified by the (USPTA)

With over 30 years of experience in the tennis industry, I have devoted my life to coaching, developing athletes, and promoting the sport at both national and international levels. As a USPTA-certified professional, I have built a distinguished coaching career in both the United States and Greece. I have trained and mentored numerous champions, many of whom have earned full athletic scholarships to top U.S. universities. For over two decades, I served as Head Coach at the Kalamata Tennis Club, where many of my former players have gone on to become tennis coaches themselves. I am the founder and manager of several tennis facilities, including a high-performance Tennis Academy in Bradenton, Florida (est.2000) where athletes lived and competed in major tournaments. And the Kalamata Beach Tennis Club (est. 2012). I am also the author of two tennis books (Begin 10 & Under Tennis) and (Tennis Secrets) And hold a U.S. patent for the (Tennis Pilot) an innovative training device designed to enhance player development

## Mini Tennis Ages 4-6

The Perfect Start Tennis is the ideal sport for developing movement, coordination, and confidence from an early age! Our program, specially designed for children aged 4-6, introduces them to tennis per month: 40€

# **Group Hot Shots Ages 7-**

15

Discover tennis and improve your skills! If you're 8-15 years old and want to learn, play, and grow, join our Academy. With expert coaching and fun training .

per month: 50€

Group Rising Stars 2 or 4
Faster Progress, Better Results Designed for athletes seeking intensive training and rapid improvement. Selection is made by both parents and the coach to ensure aligned goals. More individual attention increased repetitions per hour: STAFF pro 18€/8€-SR pro 25€/13€

#### **Private Lessons**

Fast Improvement and Technical Analysis
Private Lessons offer personalized training
with immediate analysis and technical
improvement, achieving fast results analysis
in tennis and preparing for professional
competition!

Per month: STAFF pro 30€ SR pro 40€

### Adults 18+

Tennis is for everyone and you can start at any age! With just a few group lessons, you'll learn the basics and be able to play with friends or your partner. Per month: 50€ - 2 times a week 1 hour

In bad weather, we will practice inside. <u>Kalamata Tennis Club, closed on official holidays.</u>

## LOUKAREAS TENNIS ACADEMY AT BOUGAS SCHOOL 2025-

2026



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#### PHILOSOPHY AND GOAL

After 30 years of experience in the United States my philosophy is clear: tennis is not just a sport – it is a way of life. My goal is to help athletes of all levels develop, discover their true potential, and build a strong athletic and mental foundation that will accompany them throughout their lives. Having coached top players, including a number one-ranked athlete in the U.S. and Florida, I know what it takes to reach the highest level. My new Academy in Kalamata will be a training ground for future champions, giving young athletes the opportunity to pursue their dreams—whether it is by competing on the world stage or earning scholarships to top U.S. Tennis Academies completely free of charge, through dedication and highperformance training. I am returning to give back, to inspire, and to build the future of Greek tennis