

PUBERTY PARENTING PROGRAMS

All programs are presented at the Byrnes Health Education Center for both parent/guardian and child. These programs focus on the natural changes during adolescence. An open and comfortable atmosphere encourages important and needed conversations about puberty and development.



BOYS & DADS

For dads (grandfathers, uncles, male guardians, etc.) and their sons (grandsons, nephews, etc.). Subject matter includes stages of human development, the major events of puberty, hygiene, and reproductive system basics.



WEDNESDAY

September 14th, 2022

January 18th, 2023

6:00PM – 7:30PM

November 16th, 2022

March 15th, 2023

\$15 PER PERSON ATTENDING –
Advance Registration Required

May 17th, 2023

GIRLS & MOMS

For moms (grandmothers, aunts, female guardians, etc.) and their daughters (granddaughters, nieces, etc.). Subject matter includes stages of development, the major events of puberty, hygiene, reproductive system basics and the menstrual cycle.



TUESDAY

August 16th, 2022

February 21st, 2023

6:00PM – 7:30PM

September 20th, 2022

March 14th, 2023

October 18th, 2022

April 11th, 2023

November 15th, 2022

May 16th, 2023

January 17th, 2023

June 13th, 2023

\$15 PER PERSON ATTENDING –
Advance Registration Required

GIRLS PUBERTY PROGRAM FOR EXCEPTIONAL INDIVIDUALS

For female students living with Autism, Down Syndrome, learning disabilities and developmental delays and their moms (grandmothers, aunts, female guardians, etc.). Subject matter includes stages of human development, major events of puberty, hygiene, reproductive system basics and the menstrual cycle. *(Contact us for any activity limitations or participation restrictions relating to this program).*



WEDNESDAY

September 21st, 2022

February 22nd, 2023

6:00PM – 7:30PM

November 23rd, 2022

April 19th, 2023

\$15 PER PERSON ATTENDING –
Advance Registration Required

BOYS PUBERTY PROGRAM FOR EXCEPTIONAL INDIVIDUALS

For male students living with Autism, Down Syndrome, learning disabilities and developmental delays and their guardian. Subject matter includes stages of human development, major events of puberty, hygiene, and reproductive system basics. *(Contact us for any activity limitations or participation restrictions relating to this program).*



TUESDAY

September 27th, 2022

February 21st, 2023

6:00PM – 7:30PM

November 22nd, 2022

April 18th, 2023

\$15 PER PERSON ATTENDING –
Advance Registration Required