



GIRLS & MOMS PUBERTY PARENTING PROGRAM

Tuesday, August 17, 2021
Tuesday, September 21, 2021
Tuesday, October 19, 2021
Tuesday, November 16, 2021
Tuesday, January 18, 2022
Tuesday, February 15, 2022
Tuesday, March 15, 2022
Tuesday, April 19, 2022
Tuesday, May 17, 2022
Tuesday, June 14, 2022

**Byrnes Health
Education Center Campus**
515 S. George Street, York PA

6:00PM – 7:30PM
\$15 per person attending



 SCAN ME

Pre-Registration Required

This health education event is for moms (grandmothers, aunts, female guardians, etc.) and their daughters (granddaughters, nieces, etc.).

The program creates an open environment to learn about puberty and the natural changes that occur during adolescence.

Subject matter includes stages of human development, the major events of puberty, reproductive system basics and the menstrual cycle.

The topic is discussed in a simple way with a comforting atmosphere, led by an exceptionally qualified Byrnes Health Education Center health educator. All of which reduces conversation barriers and creates a positive learning and growth experience for all participants.