

PUBERTY PARENTING PROGRAMS



All programs are presented at the Byrnes Health Education Center for both parent/guardian and child. These programs focus on the natural changes during adolescence. An open and comfortable atmosphere encourages important and needed conversations about puberty and development.

TO REGISTER, VISIT WWW.BYRNESHEC.ORG

Questions? Call (717) 848-3064

BOYS & DADS

For dads (grandfathers, uncles, male guardians, etc.) and their sons (grandsons, nephews, etc.). Subject matter includes stages of human development, the major events of puberty, hygiene, and reproductive system basics.



Wednesday, October 21, 2020

Wednesday, April 21, 2021

6:30PM – 8:00PM

**\$14 PER PERSON ATTENDING –
Advance Registration Required**

GIRLS & MOMS

For moms (grandmothers, aunts, female guardians, etc.) and their daughters (granddaughters, nieces, etc.). Subject matter includes stages of development, the major events of puberty, hygiene, reproductive system basics and the menstrual cycle.



Tuesday, September 15, 2020

Tuesday, October 20, 2020

Tuesday, November 17, 2020

Tuesday, January 19, 2021

Tuesday, February 16, 2021

Tuesday, March 16, 2021

Tuesday, April 20, 2021

Tuesday, May 18, 2021

Tuesday, June 15, 2021

6:30PM – 8:00PM

**\$14 PER PERSON ATTENDING –
Advance Registration Required**

GIRLS PUBERTY PROGRAM FOR SPECIAL LEARNERS

For female students living with Autism, Down Syndrome, learning disabilities and developmental delays and their moms (grandmothers, aunts, female guardians, etc.). Subject matter includes stages of human development, major events of puberty, hygiene, reproductive system basics and the menstrual cycle.

(Contact us for any additional or specific needs related to your participation in this program).



Wednesday, September 23, 2020

Wednesday, November 25, 2020

Wednesday, February 24, 2021

Wednesday, April 28, 2021

6:00PM – 7:30PM

**\$14 PER PERSON ATTENDING –
Advance Registration Required**

BOYS PUBERTY PROGRAM FOR SPECIAL LEARNERS

For male students living with Autism, Down Syndrome, learning disabilities and developmental delays and their moms (grandmothers, aunts, female guardians, etc.). Subject matter includes stages of human development, major events of puberty, hygiene, and reproductive system basics.

(Contact us for any additional or specific needs related to your participation in this program).



Tuesday, September 22, 2020

Tuesday, November 24, 2020

Tuesday, February 23, 2021

Tuesday, April 27, 2021

6:00PM – 7:30PM

**\$14 PER PERSON ATTENDING –
Advance Registration Required**