

The Retreat

BLUE LAGOON ICELAND

Group Guidelines



Groups at The Retreat: A Comprehensive Guide

We hope your group is looking forward to an unforgettable holiday at the Retreat. To ensure everyone's experience is as serene and satisfying as possible, here are some insights we would like to share.

Relaxing time at our spa

To make certain that your group gets the most out of this subterranean sanctuary, we recommend staggered timings. This allows everyone within your group sufficient time to unwind and experience the spa's rejuvenating pleasures. Also be aware that advance bookings for treatments are absolutely essential.





Energizing mornings

Breakfast is served from 7:00 AM to 11:00 AM. As our breakfast area welcomes around 30 guests at any one time, we recommend staggered arrival times. If your group would prefer a collective breakfast, we can arrange an exclusive gourmet brunch in Þorbjörn or Lava for an extra cost.

Keeping things organized

If bags are being delivered early or need to be picked up before your group arrives, we would like to remind you to mark them clearly with name tags. Clear, easy-to-read labeling will help ensure a smooth process at check-in and checkout.





Transportation note

Due to the low and narrow nature of our entrance, large coaches are unable to access the Retreat directly and must park in the Blue Lagoon parking lot. We recommend using sprinter vans, which can be arranged to accommodate your group.

Fine dining

Our Michelin-starred Moss Restaurant welcomes parties of up to eight guests, with one table of eight per evening. However, larger groups need not miss out on the fantastic dining experience. Our meeting rooms—Þorbjörn, Eldey, and Svartsengi—are available for private fine dining experiences. For larger group dinners, our celebrated Lava Restaurant offers a menu infused with the unique flavors of classic Icelandic cuisine.





General information

- Check-in time is 3 PM. Checkout time is 11 AM.
- For the tranquility and respect of all guests, we kindly ask that you refrain from using mobile phones and taking photographs within the Retreat Spa.

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