

Silica Hotel

BLUE LAGOON ICELAND

Spa Treatments

Synthesizing the extraordinary elements of geothermal seawater and the dynamic pleasures of massage, our therapies take the mind and body to new dimensions of relaxation and rejuvenation. Conducted at the Blue Lagoon and at Silica Hotel, these treatments catalyze profound wellbeing.

Salt Body Scrub

Location: Silica Hotel

30 min | ISK 20300

An invigorating scrub utilizing Blue Lagoon mineral salts and oils, this treatment exfoliates, cleanses, and stimulates circulation—leaving your skin luminous and your mind and body revitalized.





Foot & Leg Empowerment

Location: Silica Hotel

60 min | ISK 30400

Targeting your lower body with a silica scrub and wrap, a massage, and hot stone therapy, this treatment stimulates the lymphatic system, improves circulation, and cleanses and exfoliates the skin—leaving your feet and legs energized, soft, and firm.

In-Water Relaxing Massage

Location: The Blue Lagoon

30 min | ISK 17400

60 min | ISK 30400

Surrounded by lava and suspended in the mineral-rich warmth of the Blue Lagoon, you float on the tranquil waters of a wonder of the world. With the arctic sky above and the tectonic earth below, your massage—deep, relaxing, and conducted with Blue Lagoon mineral massage oil—unlocks timeless vistas of physical and emotional serenity.





Relaxing In-Water Massage with Full Body Silica Salt Scrub

Location: The Blue Lagoon

60 min | ISK 37700

90 min | ISK 44900

Combining the natural powers of silica with the luxurious pleasures of in-water massage, your treatment begins with a deep cleansing, exfoliating silica salt scrub that stimulates circulation, strengthens the skin barrier function, and leaves your body smooth, glowing, and revitalized. The silica salt scrub is followed by a 30/60 minute, deeply relaxing massage conducted with Blue Lagoon massage oil— bringing you to new dimensions of physical and emotional serenity as you float on the lagoon's transformative waters.

In-Water Signature Massage

Location: The Blue Lagoon

120 min | ISK 48900

The ultimate expression of the Blue Lagoon in-water experience, our 120-minute Signature Massage recharges your mind and leaves your body cleansed, nourished, and radiant.



BLUE LAGOON

ICELAND

For further information please contact us: silicahotel@bluelagoon.is / +354 420 8800 / bluelagoon.com