# The Retreat

Lava Cove

Encompassing a subterranean spa, a geothermal lagoon, a Michelin-star restaurant that reimagines Iceland's culinary traditions, and a 60-suite hotel encircled by the Blue Lagoon's mineral-rich waters, the Retreat is a place where guests can leave the world behind and enter a timeless realm of relaxation, rejuvenation, and exploration.





## Lava Cove

Inclusions:

- Welcome drink (Champagne) and fruit platter
- Handcrafted chocolates by our master chocolatier
- Minibar stocked with soft drinks and water, both still and sparkling
- Flexible check-in time, from 8 am
- Flexible check-out time, until 7 pm
- Private changing room with shower

### Lava Cove features:

- Indoor area: 42 m<sup>2</sup>
- Private lagoon: 28 m<sup>2</sup>
- Wood-burning fireplace
- Two heated chaise lounges for relaxation
- Blankets and pillows
- Bluetooth sound system

Contact us for rates and availability.



## Additional options

## -Treatments, massages and floating:

-In-water massages: 30, 60 and 120 minutes -Floating: Solo and couple's float therapy -Indoor treatments: massage and beauty treatments

#### -Private wellness experiences:

-Yoga flow

-Meditation

-Sound healing

-Strength and stretches -Sound journey and float therapy





For further information, please contact us: retreatspa@bluelagoon.is / +354 420 8800 / bluelagoon.com