

Aberdeen FC Community Trust Job Description

Name:	
Job Title:	Mindset Coach
Line Manager:	Mindset Development Officer
Line Manager for:	N/A
Date Started:	
Overall Purpose of Job:	
This is a key role within Aberdeen FC Community Trust, leading on the delivery of and contributing to the expansion, evaluation and ongoing development of the MINDSET programme. The postholder will work closely with the MINDSET Development Officer to support the programmes continued growth whilst maintaining high-quality delivery standards. Developed in 2019 in partnership with Grassroot Soccer, a US non-profit organisation, the MINDSET programme focuses on a positive approach to mental wellbeing, enhancing the strengths and skills of adolescents to cope with the stresses of life. The targeted approach supports adolescents (aged 10 – 14) during a transitional period in their life, one which can have considerable impact on lifelong outcomes such as health behaviours. MINDSET aims to break down the stigma around mental health by making it normal for adolescents to talk about mental wellbeing. Alongside the delivery of the current MINDSET curriculum, this role will focus on increasing the number of young people engaged in the programme across Aberdeen and Aberdeenshire. The post holder will identify and develop opportunities for programme delivery, establish partnerships with education and community organisations, and ensure the successful planning and delivery of MINDSET activities within the team. A key objective of the role is to extend the programme's reach and impact, enabling more young people to access the support, skills, and opportunities that MINDSET provides.	
Main Responsibilities/Description of Duties:	
Delivery • Deliver existing MINDSET programme within schools, community settings and partner organisations • Deliver tailored MINDSET sessions to AFCCT's official MINDSET sponsors Development • Develop a plan, including timelines, for curriculum development • Design and develop materials, including lesson plans and assessments • Work with subject matter experts to ensure alignment with learning objectives • Pilot new curriculum and resources • Evaluate and revise curriculum materials based on feedback and assessment data • Stay updated with educational trends and best practices Training • Assist the Mindset Development Officer with the development of training resources and sessions • Support the Mindset Delivery Officer with the delivery of training to AFCCT staff and train-the-trainer externally	

Expansion

- Work with the Operations Manager, Partnerships Executive, Finance Manager and Mindset Development Officer on opportunities to roll out MINDSET
- Work in partnership and collaborate with both internal and external stakeholders
- Work with Marketing team and the Mindset Development Officer to produce impact reports and presentations for both internal and external stakeholders

Please note that this job description is not designed to cover a comprehensive list of activities, duties or responsibilities that are required of the employee for this role. The duties and responsibilities may change within reason at any time with or without notice to suit the needs of the Club.

Person Specification: Experience/Qualifications/Training/Personal Qualities**Essential:**

- Knowledge and experience of working within an Education / Youth Work / Community Development setting
- A passion for improving mental wellbeing and a knowledge of the current mental health support landscape in the North East of Scotland
- Experience in development and delivery of community / education programmes
- Experience of working with and mentoring young people
- Excellent communication skills, both verbal and written in a professional environment Experience of preparing project plans
- Strong planning and organisational skills.
- Ability to work autonomously
- Highly motivated, resourceful and skilled in managing busy workload
- Attention to detail and deadline driven
- Computer literate (Advanced level MS Word/Excel/Outlook/PowerPoint)

Desirable:

- Degree and / or 3 years + quality experience in Community Development / Youth Work / Education or another related field
- Previous membership to PVG scheme
- First aid training
- Full driving licence

Signed by Employee:**Signed by Line Manager:****Date:****Date:**