

Aberdeen FC Community Trust Job Description

Name:	
Job Title:	Health & Wellbeing Officer
Line Manager:	Health & Wellbeing Team Lead
Line Manager for:	
Date Started:	
Overall Purpose of Job:	
The Health & Wellbeing Officer will coordinate and deliver a varied programme of community health and wellbeing activity across Aberdeen, using the reach and appeal of Aberdeen FC to engage people, build relationships and improve physical, social and emotional wellbeing. Working as part of the Health & Wellbeing Team and reporting to the Team Lead, the postholder will be involved in programmes including Football Fans in Training (FFIT), The Changing Room, Pittodrie Hub, Football Memories, Music & Social Memories, Community Health Walks and future family, dementia and preventative health initiatives. The role is practical and community facing. It requires someone who can plan well, deliver confidently, listen to participants, coordinate volunteers and partners, collect meaningful evidence of impact and recognise when someone may benefit from support beyond AFCCT. We do not aim to duplicate specialist services; we use trusted relationships to help people find and access the right support.	
Main Responsibilities/Description of Duties:	
• Coordinate and deliver high-quality health and wellbeing programmes, sessions, events and outreach activity across AFCCT's community settings. • Take responsibility for agreed programmes such as FFIT, The Changing Room, Pittodrie Hub, reminiscence activity, Health Walks and new initiatives as the portfolio develops. • Build positive, trusted relationships with participants and create welcoming environments where people feel able to talk, connect and take part. • Listen to participants and communities, identify emerging needs and feed learning back to the Team Lead so programmes can adapt. • Support people to access appropriate external services through clear information, warm introductions and agreed referral pathways. • Work constructively with NHS, Health and Social Care Partnership, local authority, third sector, SPFL Trust and other partners involved in delivery or participant support. • Coordinate and support volunteers and sessional staff, ensuring they understand their role, safeguarding responsibilities and required standards. • Plan sessions, develop resources and ensure venues, equipment, materials and participant communications are organised effectively. • Collect accurate attendance, demographic, outcome and feedback data and contribute to evaluation, case studies and impact reporting. • Support health checks, preventative health activity and targeted engagement where appropriate, within training, competence and agreed protocols.	

- Contribute to family support and dementia-friendly activities, including practical delivery, participant engagement and partnership coordination.
- Work within agreed budgets and use resources responsibly.
- Follow AFCCT safeguarding, health and safety, equality, data protection and other relevant policies at all times.
- Promote opportunities appropriately and act as a positive ambassador for AFCCT in the community.
- Work across AFCCT teams when this improves participant outcomes or creates useful routes into wider support.

Please note that this job description is not designed to cover a comprehensive list of activities, duties or responsibilities that are required of the employee for this role. The duties and responsibilities may change within reason at any time with or without notice to suit the needs of the Trust.

Person Specification:

Essential:

- Experience of community health and wellbeing, community engagement, health promotion, social care, physical activity/community programme delivery.
- Experience of planning and delivering structured activities or programmes for adults and/or families.
- Ability to engage confidently with people from a wide range of backgrounds, including people experiencing isolation, disadvantages, or poor health.
- Experience of partnership or multi-agency work.
- Good understanding of health inequalities and the barriers that can prevent people accessing support.
- Strong communication and interpersonal skills, with the confidence to facilitate groups and have sensitive one-to-one conversations.
- Ability to organise programmes, manage competing tasks and work independently while contributing fully to a team.
- Ability to collect accurate monitoring information and contribute to outcome and impact reporting.
- Good digital and administrative skills, including Microsoft Office.
- Commitment to safeguarding, equality, inclusion and safe working practice.
- Willingness and flexibility to work evenings and weekends when programmes require it.

Desirable:

- Relevant qualifications in health, health promotion, social care, community development, sport/physical activity, mental health, education or a related subject.
- Experience of delivering FFIT, The Changing Room, dementia / reminiscence, walking, men's health, family support or similar community health programmes.
- Experience of supporting volunteers.
- Experience of making referrals or warm introductions into health, welfare or support services.
- Mental Health First Aid, Dementia Awareness, First Aid, physical activity or other relevant training.
- Full driving licence and access to transport.

Personal Attributes:

- Warm, approachable and able to make people feel comfortable quickly.
- Reliable and organised, with a practical approach to getting things done.
- Good listener who notices when someone may need extra support.
- Comfortable working with people whose lives and experiences may be very different from their own.
- A positive team member who is happy to share ideas, feedback and learning.
- Committed to using football as a means of engagement without assuming that every participant is interested in the game itself.

Signed by Employee:**Signed by Line Manager:****Date:****Date:**