



Aberdeen Football Club Job Description

Employee Name:			
Job Title:	Women's First Team & Girls Lead Academy Sport Scientist		
Line Manager:	Head of Athletic Performance		
Line Manager for:	N/A		
Date Started:			
Overall Purpose of Job:			
Assist the Womens First Team Manager and Girls Programme Manager in designing and delivering a creative athletic development programme for players in the Girls and Womens team.			
Main Responsibilities/Description of Duties:			
- Devise and deliver individual S&C plans for Womens First Team players - Attend Women's Team matches and training session to deliver pre match warm ups - Help to develop and enhance the current Sport Science and Strength & Conditioning Support Program for the Club's Women's and Girl's Academy players in line with wider Club objectives - Work effectively with other support staff and services, including physiotherapy, medical services, performance analysis and football coaches, to provide an integrated approach to performance enhancement - Help deliver physical testing at regular and agreed times throughout the season and thereafter develop and implement action plans for the Womens and Girls Academy Teams - Assist when required, the development of individualised fitness and/or rehabilitation programmes for Women's and Girls Academy players identified through test results, medical team and coaching staff - To ensure that all Women's and Girl's Academy players adhere to the Players Code of Conduct and show a high level of respect and discipline - At all times observe all AFC Safeguarding & Welfare policies, undertaking annual training as required - At all times, advocate and practice the Club's established culture of professionalism, maintaining standards and discipline - To adhere to the Aberdeen Football Club staff & coaches Code of Conduct - To be aware of and comply with the Aberdeen Football club Social Media Policy <i>Please note that this job description is not designed to cover a comprehensive list of activities, duties or responsibilities that are required of the employee for this role. The duties and responsibilities may change within reason at any time with or without notice to suit the needs of the Club.</i>			
Experience/Qualifications/Training			
Essential:		Desirable:	
- BSc Hons Sports & Exercise Science (or equivalent) - A valid driving licence		- Previous experience working within Women's Football - Previous Child Protection training	

• A minimum of 2 years sport science delivery • Sports First Aid Qualification. • High level of communication skills, both orally and written • Personable and enthusiastic with a strong work ethic • Good team player who can work on own initiative • Competent I.T Skills • Working within a multidisciplinary team to assist with player and team performance • Willingness to work weekends and in the evening • Desire to be ambassador for AFC in public role • Sensitive to the needs of young players, parents/guardians and parent clubs • PVG check undertaken	• Use of Sports Office /Kitman Labs online platform
Signed by Employee:	Signed by Line Manager:
Date:	Date: