## Packing list



ITEM	CHECK
GEAR AND EQUIPMENT	1
Bicycle (highly recommend tubeless)	
Bike travel bag	
Bicycle helmet	
Cycling backpack	
Hydration pack and water bottles	
Sunglasses	
Bike spares (spokes, derailleur, derailleur hanger, chain, brake pads, etc)	
Bike tools (for on bike and otherwise)	
Headlamp	
CLOTHING	
Cycling kits for warm weather (avg high 27 deg C / 81 deg F)	
Rain gear	
Socks	
Cycling shoes	
Cycling gloves	
Bandanas / dust masks	
Comfortable clothing and shoes for lounging, game drives, and dinners	
Swimsuit	
MEDICAL/FIRST AID	
Any regular medications	
Chamois cream	
Sunscreen	
TRAVEL DOCUMENTS	
Passport	
Yellow vaccination book/card (if travelling through a yellow fever endemic country)	
Tanzanian visa (where applicable)	
Medical insurance card	
US dollars (if you are getting a visa on arrival)	