



Set realistic expectations with your patient

Before you begin the procedure, discuss expectations with your patient. A happy patient at the end of the Opalescence Boost whitening treatment begins with realistic expectations before you even begin. Remember, the way the teeth look immediately after treatment is not the final shade. The teeth continue to whiten 24–48 hours post treatment.



Start with the right patient

Some patients take longer to whiten and will require more than a single Opalescence Boost whitening treatment to achieve desired results. For instance, older patients take longer to whiten, so they may not see stunning results after a single treatment. For patients with difficult staining, a whitening treatment plan including some take home options may be required to achieve desired results.



Keep application times consistent between patients

If you keep the whitening application times similar between patients, you can judge how many treatments maybe needed. Becoming more familiar with the results you get with each application will help you in setting realistic expectations with your patients.



Mix properly

Make sure you are mixing the Opalescence Boost according to instructions, this is very important! A good mix ensures the best product is applied every time, helping you get the results you expect.



