



Post-Endodontic Restorative Management of Anterior and Posterior teeth

Bleaching inside-outside and walking bleach technique, Rebilda Post-and-Core system and Monobloc crowns on Non-Vital teeth)



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Learning Outcomes

- ✔ Perform various Bleaching techniques on discolored and endodontically treated teeth
- ✔ Select appropriate post-and-core system and material for long-term success
- ✔ Recognize indications for using bundled glass-fibre post systems. and perform correct placement and adaptation of Rebilda® Post GT
- ✔ Execute Monobloc-crown restorations on endodontically treated posterior teeth based on the indications and contraindications.



22 JUNE 2026 (2:00 PM - 5:30PM)
23 - 24 JUNE 2026 (8:30 AM - 5:30 PM)



Venue: Faculty of Dentistry, Mahsa University,
Bandar Saujana Putra, Jenjarom, Selangor



Introduction

Following successful Endodontic treatment, teeth need to be eventually restored to their original form, function and aesthetic appearance to achieve the desired restorative outcomes. This workshop focuses on three critical aspects of Post Endodontic management using evidence based techniques.

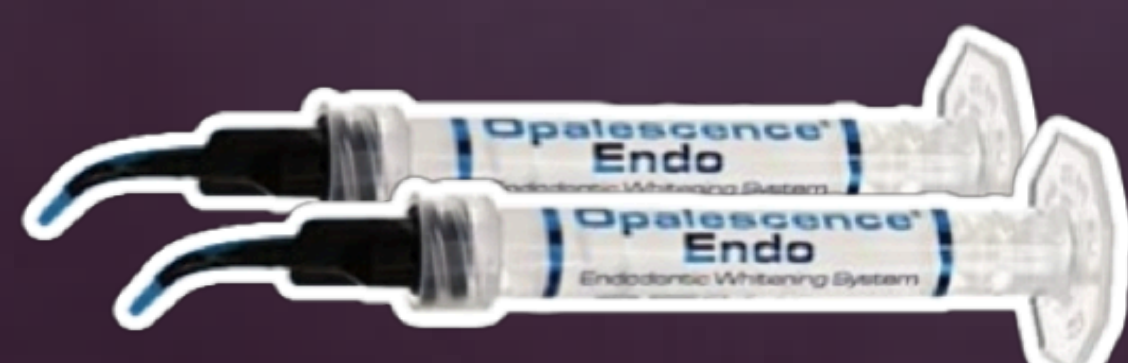
Firstly, Bleaching of endodontically treated teeth, especially anterior teeth, with a combination of simple but effective Opalescence whitening techniques. Secondly, a post and core system such as Rebilda Post GT, designed to provide conservative, adaptable and biomechanically sound foundation for permanent indirect restorations. Lastly, monobloc-crowns which provide a viable conservative alternative to restore severely compromised endodontically treated posterior teeth.

The workshop includes a pre-workshop online lecture session (half-day), followed by two full days devoted to demonstration and hands-on sessions to optimize the utilization of the participant's time.

Key Highlights

Inside-Outside Bleaching Technique

- Bleach technique using high-viscosity peroxide gel
- Conservative alternative to crowns and veneers



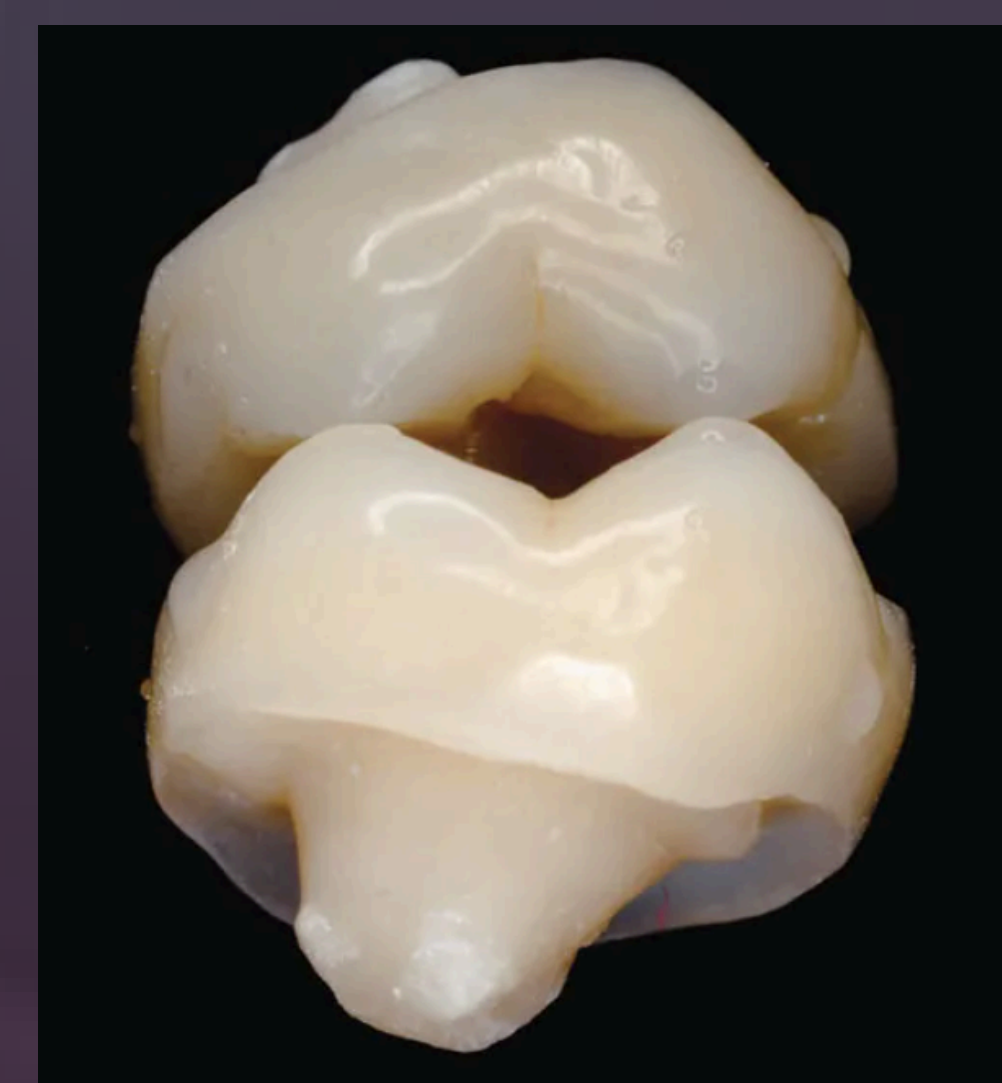
Restorative: Post and Core (Rebilda Post GT)

- Dentine-like elasticity for favorable stress distribution
- Innovative, No special drills and conservative approach
- Simple, predictable workflow for post-endodontic restoration



Monobloc Crown

- Single-unit restoration fabricated as one piece, eliminating interfaces between components.
- Improved strength & stress distribution: No junctions → reduced risk of debonding or fracture and more uniform stress transfer to the tooth.



COURSE FACILITATORS



Dr Ravikanth has more than 15 years of clinical and academic teaching experience. He is currently the module coordinator for MOFSc program and clinical supervisor for doctor of Restorative Dentistry program at MAHSA University. Received his Implant Fellowship and Prosthetic mastership from International Congress of Oral Implantologists (ICOI) affiliated programs and is actively involved in conducting hands-on workshops in Fixed Prosthodontics and Basic Implantology.

Prof Kiran completed his post-graduation in Conservative Dentistry in 1984 from Nair Hospital Dental College, Mumbai. Currently working as a professor at Department of Restorative Dentistry at MAHSA University, Prof Kiran has over 35 years of academic and clinical experience in India as well as overseas with the Ministry of Health Kuwait and Royal Army of Oman Sultanate of Oman, contributing to his expertise especially in the field of Endodontics. He has conducted several workshops in India and abroad.



Dr. Rohan obtained membership of the Faculty Of Dental Surgery by Royal College of Surgeon (MFDS RCSEd) and later joined University Malaya to pursue his postgraduate studies as Restorative Specialist (MClindent) in 2022. He is a Senior lecturer at Mahsa University and a part-time consultant at various private clinics. His areas of interest include Endodontic Microsurgery & Retreatment endodontics, Implantology and digital workflow in Restorative Dentistry

Dr. Akarsha Singh Multani, a Senior Lecturer in Restorative Dentistry who completed her Bachelor's at Manipal University, India, and her Master's in Conservative Dentistry and Endodontics at Pt. B.D. Sharma University, India. She has more than 6 years of experience with significant contributions towards didactic, preclinical, and clinical academic studies. she has supervised various research projects and participated as members of the organizing committee for MiDent Conference 2023, 2024 and 2025.



PROGRAMME SCHEDULE

Day 1 (22 June 2026): Online Lecture Series (2 pm-5 pm)

	Online Lectures	Facilitators
2.00 - 3.00 PM	Multiple strategies in Bleaching of non-vital teeth	Prof. Dr. Kiran
3.00 - 4.00 PM	Post endodontic restoration of anterior teeth	AP Dr Ravikanth
4.00 - 4.45 PM	Fundamentals of Biomimetic Restoration	AP Dr Ravikanth
4.45 -5.30 PM	Posterior Monobloc crowns - A viable alternative option	Dr. Rohan Vinod



HANDS-ON SCHEDULE

Day 2 (23 June 2026): Hands-on workshop

	Activity	Facilitators
8.30 - 9.00 AM	Registration and Morning Tea	
9.00 - 9.30 AM	Protocol Inside-Outside and Walking Bleach (Lecture)	Prof. Dr. Kiran
9.30 - 11.00 AM	Inside-Outside and Waling Bleaching Technique (Demonstration)	Prof. Dr. Kiran
11.00 AM - 1.00 PM	Inside-Outside and Waling Bleaching Technique (Hands-on)	All facilitators
1.00 - 2.00 PM	Lunch	
2.00 - 2.40 PM	Rebilda Post GT Post-and-Core System (Demonstration)	AP Dr Ravikanth
2.40 - 5.00 PM	Rebilda Post GT Post-and-Core System (Hands-On)	All facilitators
5.00 - 5.30 PM	Tea break	

Day 3 (24 June 2026): Hands-on workshop

	Activity	Facilitators
9.00 - 9.45 AM	Monobloc crowns on posterior tooth: Brief overview	Dr Rohan
9.45 - 10.30 AM	Tooth preparation for Monobloc crowns: Demonstration	Dr Rohan
10.30 AM- 1.00 PM	Hands-on	All facilitators
1.00 - 2.00 PM	Lunch	
2.00 - 2.40 PM	Intraoral scanning, fabrication of provisional restoration and Cementation protocol: Demonstration	Dr Rohan Dr Ravikanth
2.40 - 5.00 PM	Hands-on	All facilitators
5.00 - 5.30 PM	Closing ceremony and Certificate distribution	

COURSE FEES-RM 1200+6% SST

10% Discount for Early Birds & MAHSA Alumni

(applicable to participants who register before 15th May 2026)

For payment by draft bank or cheque:

Malaysian Allied Health Science Academy Sdn Bhd

For payment via T/T Transfer:

Beneficiary A/C: 10-040-001653-6

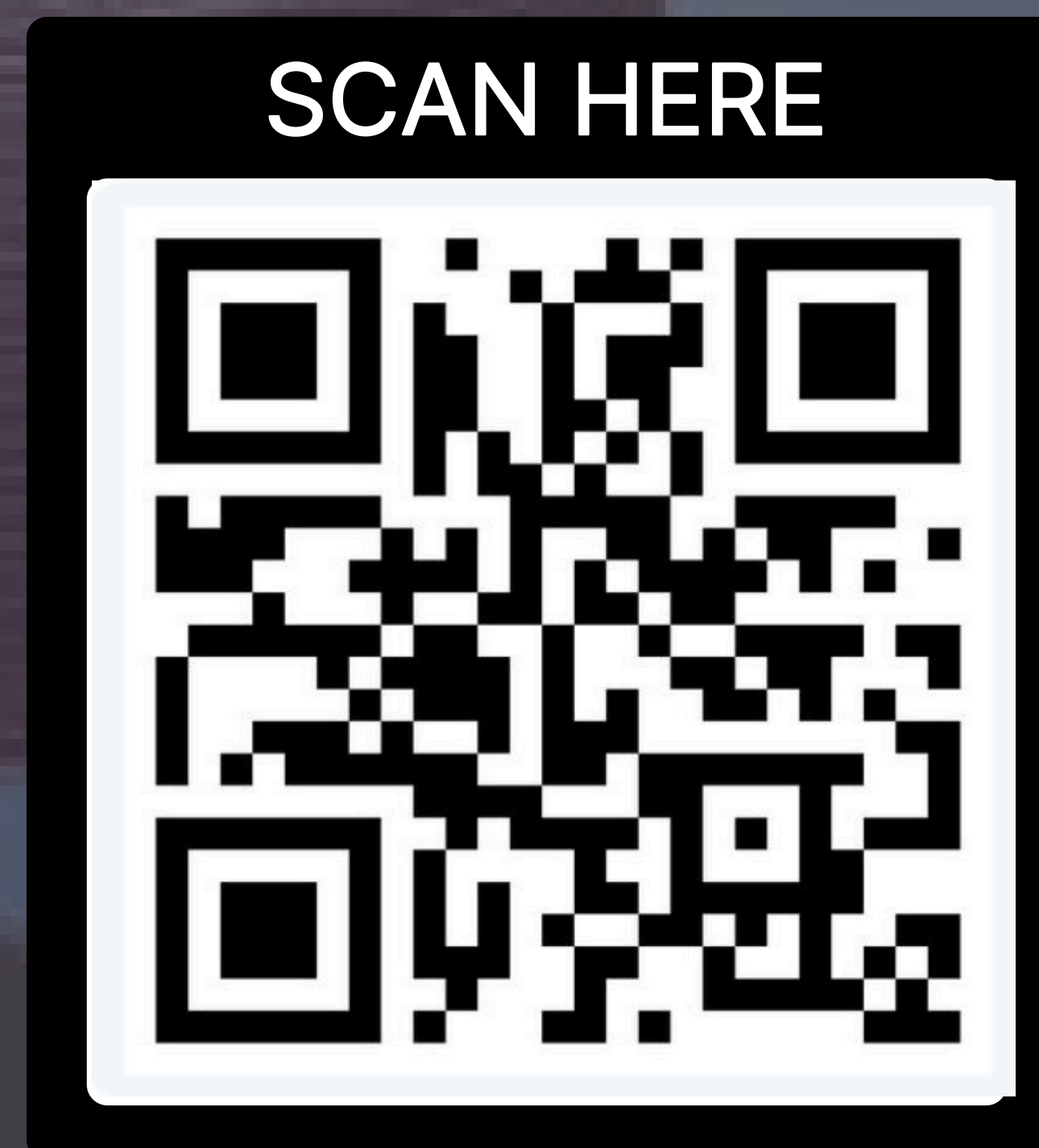
Beneficiary Name: Malaysian Allied Health Sciences Academy Sdn Bhd

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Beneficiary Address: MAHSA University, Jalan Elmu Off Jalan Universiti, 59100 Kuala Lumpur Malaysia

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Please confirm availability of seats before registration and for any further information, please contact Dr Arkasha through:



akarshasingh@mahsa.edu.my



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