

Instructions:



Express one continuous line of gel inside each custom tray. Use about 1/2 of the syringe per tray.



Seat tray.



Remove excess gel with a soft toothbrush and rinse.



At the completion of treatment time, remove the tray, rinse, and brush the gel from the teeth. Do not swallow rinsed gel. Clean the tray with a toothbrush and water after use and store in a clean, dry container.

Wear trays according to the following:

- Custom 10% gel 8–10 hours or overnight

Opalescence™

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Tooth Whitening System

Manufactured by Ultradent Products, Inc. 505 West Ultradent Drive
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Opalescence™

Custom

Professional, **Custom** at-home whitening



Precautions:

- Pregnant or nursing women should not use teeth whitening products
- Use only recommended tips with whitening gel syringes
- Avoid direct contact of the tooth whitening product with the gums and/or salivary flow. Your dental professional should evaluate your gingival and general oral health prior to treatment to prevent additional irritation.
- Avoid treatment if there is a chance you may swallow or aspirate tray
- For users with known tooth sensitivity, pre-op and post-op treatment with UltraEZ™ desensitizing gel, Opalescence™ Whitening Toothpaste Sensitivity Relief, and/or Enamelast™ fluoride varnish is recommended
- Some users may experience temporary discomfort of the gums, lips, throat, tongue, or teeth. If symptoms persist, worsen, or if more than mild discomfort is

experienced, discontinue use and consult a dental professional.

- Avoid swallowing large amounts of gel. If ingested, drink large amounts of water and contact a physician. Ingestion of small amounts during use is expected. If the product is aspirated, seek immediate medical attention.
- Restorative materials will not whiten. We recommend whitening dark teeth before restorative placement.
- Wait at least 7–10 days after whitening treatment before adhesive restoration procedures
- Users with serious health concerns should consult their primary care provider prior to treatment
- Avoid contact with eyes. Rinse immediately if product comes into contact with them.
- We do not recommend whitening immediately after your dental professional has etched enamel or polished with prophylaxis paste. These procedures do not potentiate the whitening process but can cause sensitivity.

- Your dental professional should ensure any restorations are adequately sealed and all exposed sensitive dentin is covered. If you have a history of sensitivity, ask about treatment with an appropriate restoration or blocking agent such as dentin bonding or temporarily with a dentin sealant agent or fluoride varnish.
- Monitor whitening progress to prevent whitening beyond the desired shade or translucency
- Opalescence whitening agent is supplied in preloaded 1.2 ml syringes. Material is NOT to be injected, and empty syringes should be disposed of.
- Do not eat, drink, or use tobacco products while whitening trays are in place
- For users with allergy concerns, refer to the product allergen document available at ultradent.com. If an allergic reaction occurs, rinse the exposed area thoroughly and consult a physician. Do not use if there is a known allergy or chemical sensitivity to any ingredients. Choose the non-flavored variant if you are sensitive to flavorings.

Miscellaneous Information:

- Hypocalcified areas (white spot lesions), which may not be visible to the naked eye, will whiten faster, thereby becoming more obvious during whitening. Continue whitening treatment until the unaffected tooth surface blends. Re-evaluate two weeks after whitening treatment when tooth color has stabilized.
- For a small percentage of the population, their teeth will not appreciably whiten
- Some amalgam fillings may leave a dark purple color in your whitening tray. This is normal.
- Teeth can re-stain over time, so use touch-up teeth whitening treatments as necessary
- Store according to outer package label
- Dispose of waste according to local rules, guidelines, and regulations
- If you have any persistent sensitivity or questions regarding this treatment, please consult your dental professional

- If you have any questions regarding this product, please consult your dental professional OR find additional information at opalescence.com/education/faq

Report any serious incident to the manufacturer and the competent authority.

www.ultradent.com / 1.800.552.5512 / 801.572.4200

Consult healthcare professional for any product related questions.



Lot
number



Keep out of reach
of children



Catalog
number



Kosher certified



Use by date



Refrigerate



Gluten free



See
instructions



Keep away
from heat/
sunlight