

## TECHNIQUE GUIDE



**1**  
Place protective eyewear and clothing on yourself and the patient to prevent contact with whitening agent. Check to see that the syringes are securely attached before mixing. To mix, follow the instructions on the reverse side.



**2**  
Press all mixed gel into the RED syringe. Separate the two syringes and attach the Black Mini™ tip or other recommended tip onto the red syringe. Check the flow on a cotton gauze or pad prior to applying it intraorally. If resistance is met, replace the tip and recheck the flow.



**3**  
Place Ultradent IsoBlock™ bite block and self-supporting plastic cheek retractors. Completely rinse and air dry teeth and gingiva.



**4**  
Securely attach a Black Mini™ tip to OpalDam™ Green resin barrier and check flow. Express a continuous bead along the gingival margin, overlapping approximately 0.5 mm onto the enamel. Begin and finish the bead one tooth beyond the most distal tooth that is being whitened. Express the resin through any open embrasures.



**5**  
Light cure the OpalDam Green resin barrier for 20 seconds per arch using a scanning motion. Check the resin cure with an instrument using caution not to disrupt the seal.



**6**  
Apply a 0.5–1.0 mm thick layer of gel to the labial surface of the teeth. Allow the gel to remain on the teeth for 20 minutes per application.



**7**  
Suction gel from teeth using the Ultradent™ Luer Vacuum Adapter and SST™ tip or a surgical suction tip. Do not use water. Repeat steps 6–7. Stop when desired results are achieved, or if the three applications per visit maximum has been met.



**8**  
After the final application is complete and all visible gel is removed, thoroughly rinse teeth with an air/water spray and the high volume suction.



**9**  
Gently slide the tip of a dental instrument beneath the OpalDam resin barrier and lift it off. Check for and remove any interproximal remnants.



**10**  
Evaluate the shade change. If additional whitening is desired and no significant sensitivity is noted, reschedule the patient in 3–5 days for repeat treatment or dispense take-home whitening treatment.



See IFU for complete instructions.

To mix, follow these instructions.



1.

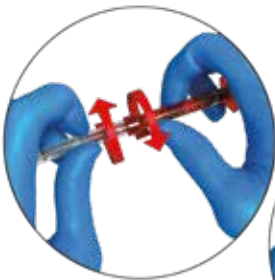


Confirm that the syringes are securely attached. Depress the small clear plunger (A) into the middle small clear syringe (B) to rupture the internal membrane and combine the whitening agent and activator. Press the plunger of the red syringe into the larger clear syringe.

2.



Press the contents of the clear syringe back into the red syringe. Thoroughly and rapidly mix the contents by pushing back and forth continually a minimum of 50 times (25 times each side).



3.



Press all mixed gel into the RED syringe and separate the two syringes.

4.



Attach the Black Mini™ tip onto the red syringe. Verify flow on a cotton gauze or mixing pad prior to applying it intraorally. If resistance is met, replace the tip and recheck the flow.