



Lesson Time

Your child is learning how to tell when he or she, or someone else, is angry.

Angry clues:

- Body uncomfortable—hot and tight
- Gritting teeth
- Eyes smaller, squinty

Your child is also learning that everyone feels angry sometimes, but it is not okay to be mean or to hurt anyone when you are angry.

Play Time

Play a game with your child to practice using clues to tell how someone feels. Review the feelings your child has learned: happy, sad, scared, surprised, and angry/mad.

Say: **We're going to play The Feeling on My Face. We'll take turns making "feeling faces." The other person will use clues to guess the feeling.**

After taking turns playing, say: **Now I'll tell you about a time when something made me feel happy, sad, scared, surprised, or angry. You will try to guess how I felt by what happened.**

Story Time



This week's story is about Li. Two children ran by and knocked down Li's tower of blocks. Ask your child about this story.

- **What do you see in this photo?**
- **How is Li feeling?** (Mad/angry.)
- **How can you tell?** (By how he looks. His fists are clenched. His eyes are squinty. By what happened—his tower was knocked down.)

Let's take turns making an angry face like Li's. Look at each other's faces for angry clues.

Tell me about a time when you felt angry. Listen to your child's story.