



Name: _____

Respect and responsibility are not just important to think about at school, they are important to think about all the time. Read the definitions of respect and responsibility below to an adult family member and tell him or her what you will do and say to show respect and responsibility at school and at home.

Respect: You consider how others want to be treated and treat them that way.

Responsibility: You can be trusted to do what is right.

How I can show respect and responsibility at school:

I can say: _____

I can do: _____

How I can show respect and responsibility at home:

I can say: _____

I can do: _____

Now, with your adult, write down other places where it is important to show respect and responsibility. Then write down one thing you can say and one thing you can do in each place to be respectful and responsible.

At this place: _____

I can say: _____

I can do: _____

At this place: _____

I can say: _____

I can do: _____

This homework assignment was completed on _____	
(DATE)	(ADULT SIGNATURE)



Name: _____

Bullying is when someone keeps being mean to someone else on purpose. The person it's happening to hasn't been able to make it stop. It is unfair and one-sided.

With an adult family member, talk about this definition of bullying and each of the Three Rs: recognize, report, and refuse. When you are done, read the scenario below:

Pretend that every day after school a fifth-grader comes up and pushes you against the wall in the hallway. He calls you names, and his friends laugh at you. Sometimes you are afraid to leave your classroom at the end of the day.

What should you do? With your adult, use the Three Rs to decide what to do in this scenario.

Recognize: Is this bullying? Circle one option: **Yes No**

How can you tell?

If it's bullying:

Report: Who can you report this bullying to? (You can list more than one person.)

What will you say?

Refuse: Write what you can do or say the next time the fifth-grader tries to push you.

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Name: _____

Being a bystander to bullying can feel very uncomfortable. You may experience a lot of different feelings. Think about a time you saw or knew about someone else being bullied and how it made you feel. If you've never seen or known about someone being bullied, imagine a scenario where you are watching someone being bullied, and think about how you would feel.

Write down your feelings. Then tell an adult family member about what happened or the scenario you imagined, and tell what you did or could have done to help stop the bullying.

What happened?

How did you feel?

What did you do or what could you have done to help stop the bullying?

Refuse: _____

Report: _____

With your adult, write down one thing you can do if you see someone being bullied in the future. It takes courage to help stop bullying!

A graphic of a clipboard with a blue clip at the top. The clipboard has a white sheet of paper with black text and three blue dots. The background of the clipboard is black.

Bystander feelings:

- Sad
- Angry
- Relieved
- Interested

What are some other things you might feel if you were a bystander to bullying?

- _____
- _____
- _____

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(DATE) (ADULT SIGNATURE)



Name: _____

It's not easy being a bystander to bullying. What might you do if you see someone being bullied? Today you will work with an adult family member to explore how to respond when someone is being bullied. Follow each pathway below and fill in the boxes. Explain your responses to your adult.

Pretend there is a new student in your class who has moved here from another country. He speaks with an accent. Whenever he talks, a friend of yours makes jokes and teases him about how he sounds. Several other students laugh when this happens. What do you think will happen if...

...you help stop the bullying? _____

...you do nothing? _____

Pick one (or more) ways you would help stop bullying.

Refuse bullying

- Stand up to the bullying student
- Refuse to watch
- _____

Report bullying

- Tell an adult
- Help the bullied person tell an adult
- _____

Support the bullied person

- Include him in what you're doing
- Ask him how he's feeling
- Be his buddy
- _____

How would this make you feel?

How would this make you feel?

Would you help stop the bullying? Yes No

Why did you pick this choice? _____

This homework assignment was completed on _____ | _____
 (DATE) (ADULT SIGNATURE)

Grade 4

Lesson 4: Bystanders to Cyber Bullying



Name: _____

Cyber bullying is bullying with electronic technology. It can be just as harmful as other types of bullying. In some cases, it can be even more harmful, because the hurtful material can spread to more people.

Write two ways cyber bullying is different from other kinds of bullying:

1. _____
2. _____

Think about an incident of cyber bullying you witnessed yourself, read in the news, or heard about from someone else. Write down what happened, and what you did or could have done to help stop the bullying. Show your writing to an adult family member.

What happened?

What did you do, or what could you or other bystanders have done, to help stop the bullying?

Talk with your adult about what you can do to help stop cyber bullying you may witness or find out about in the future. Then write down one thing you can do below. It takes courage to help stop cyber bullying!

This homework assignment was completed on _____ | _____
(DATE) (ADULT SIGNATURE)