



What Is My Child Learning?

Your child is learning never to keep secrets about touching, it is never his or her fault if someone breaks the Touching Rule, and to keep telling adults about a broken Touching Rule until someone helps.

Why Is This Important?

Children may be afraid to tell about sexual abuse because they've been told to keep it a secret. Knowing touching secrets are not okay and that they can get help if they tell someone makes it more likely children will report abuse.

Ask your child:

- **What should you do if a bigger person breaks the Touching Rule?** Possible answers: Say words that mean no. Say, "I don't want to be touched." Tell an adult.
- **What is the Never Keep Secrets Rule?** Second Step answer: Never keep secrets about touching.
- **What if the bigger person who broke the Touching Rule says to keep it a secret?** Second Step answer: Tell an adult. Touching secrets are not okay.
- **What should you do if you tell an adult and he or she doesn't believe you?** Possible answers: Tell another adult. Keep telling adults until someone helps you.

Practice at Home

During the week, work with your child to identify adults he or she can report a broken Touching Rule to. When you meet adults you trust, ask your child if he or she would feel comfortable telling them about a broken Touching Rule. Continue to practice with your child what he or she would say to report a broken Touching Rule.

Activity

Help your child draw a picture of herself or himself reporting a broken Touching Rule on the back of this paper. Then help your child think of two things to say to report a broken Touching Rule, and practice saying the words in a strong, respectful voice. Pretend to be different trusted adults so your child can practice reporting to different people.

What I Can Say When I Report a Broken Touching Rule

1. _____

2. _____

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)
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