



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Warm-Up

What's one thing that makes you nervous about starting middle school?

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## Activity: Getting Help

### Instructions

1. With a partner, discuss this question: How could the students in the video get help with their challenges?
2. Talk with your partner about each challenge in the list below.
3. Write at least one way the student facing each challenge could get help.

Challenge	How to Get Help
Drama with a classmate	
Making friends/fitting in	
Getting along with teachers	
Locker problems	
Getting lost	
Homework	
Academic struggles	



Wrap-Up

Review your response to the Warm-Up question. Who can you go to for help with that challenge?

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