



What Is My Child Learning?

Your child is learning the Touching Rule: A bigger person should never touch your private body parts, except to keep you healthy. Your child is also learning how to say no and to tell an adult when someone breaks the rule.

Why Is This Important?

Learning the Touching Rule helps your child recognize sexual abuse so he or she can say no and tell an adult about it. Knowing the correct names for private body parts helps your child be understood when reporting.

Ask your child:

- **What is the Touching Rule?** *Second Step* answer: A bigger person should never touch your private body parts except to keep you healthy.
- **What are your private body parts?** Possible answers: Boys—penis and buttocks or bottom. Girls—vulva, vagina, breasts, and buttocks or bottom.
- **What should you do if a bigger person breaks the Touching Rule?** Say, “No, I don’t want to be touched” and tell an adult.

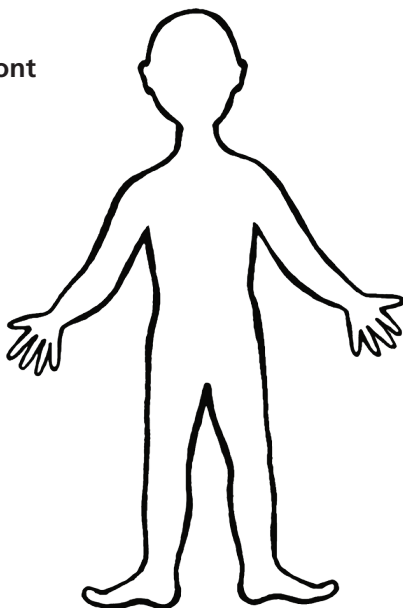
Practice at Home

Help your child create a plan for what to do if someone breaks the Touching Rule at school, daycare, a friend’s house, or other places your child regularly visits. Ask: **If a bigger person broke the Touching Rule at _____, what would you do? Which adult would you tell?**

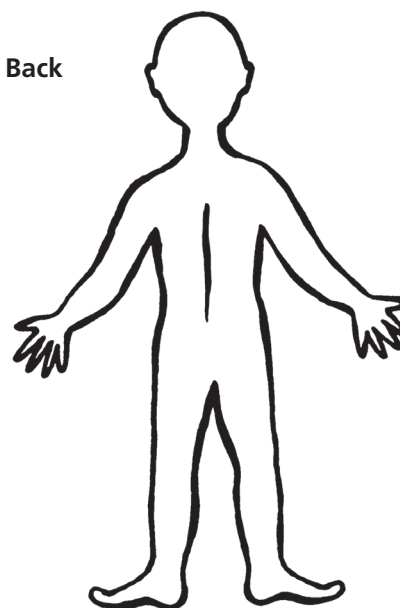
Activity

Help your child name and label his or her private body parts on the body outlines below. Next help your child think of three different things to say if a bigger person tried to touch his or her private body parts. Have your child practice standing tall and using a strong, respectful voice to say words that mean no.

Front



Back



(CHILD’S NAME)

(DATE)

(ADULT’S SIGNATURE)