



What Is My Child Learning?

Your child is reviewing the rules and skills he or she learned in the Child Protection Unit. Your child is also practicing how to say no to unsafe situations and how to report broken safety rules to an adult.

Why Is This Important?

Reviewing personal safety skills helps your child remember them. This makes it more likely for your child to remember the rules and use the skills to stay safe in different situations.

Julie Stays Safe Video

As part of this lesson, your child watched the video *Julie Stays Safe*. It tells the story of a girl who uses the rules and skills she learned in the Child Protection Unit to keep herself safe. *Julie Stays Safe* is available for viewing online at SecondStep.org. Use this Activation Key to access it: CPUK FAMI LYGK. You can also download a guide to help you talk about the video with your child.

Ask Your Child:

- **What are the Ways to Stay Safe?** *Second Step* answer: Recognize: Is it safe? What’s the rule? Report: Tell an adult. Refuse: Say words that mean no.
- **What should you do when someone asks you to do something, take something, or go somewhere?** *Second Step* answer: Always ask a parent or the person in charge first.
- **What is the Touching Rule?** *Second Step* answer: A bigger person should never touch your private body parts except to keep you healthy.
- **What is the Never Keep Secrets Rule?** *Second Step* answer: Never keep secrets about touching.

Practice at Home

During the week, work with your child to help him or her remember the Ways to Stay Safe, the Always Ask First Rule, the Touching Rule, and the Never Keep Secrets Rule. Ask your child to recite the rules and, if you see a situation that might be unsafe, ask your child how he or she could use the Ways to Stay Safe.

Activity

On a separate piece of paper, help your child draw pictures of him or herself recognizing, refusing, and reporting in an unsafe situation. Then help your child remember the trusted adults he or she can approach to ask for permission or report a broken rule.

Trusted adults: _____

(CHILD’S NAME)	(DATE)	(ADULT’S SIGNATURE)