



What Is My Child Learning?

Your child is learning the Touching Rule: A person should never touch your private body parts except to keep you healthy. Your child is also learning how to say no and to tell an adult when someone breaks the rule.

Why Is It Important?

The Touching Rule helps your child recognize sexual abuse so he or she can say no and tell an adult. Knowing the correct names for private body parts helps your child be understood when reporting.

Ask your child:

- **What is the Touching Rule?** *Second Step* answer: A person should never touch your private body parts except to keep you healthy.
- **What are your private body parts?** Possible answers: Boys—penis and buttocks or bottom. Girls—vulva, vagina, breasts, and buttocks or bottom.
- **What should you do when a person breaks the Touching Rule?** *Second Step* answer: Say, “No, I don’t want to be touched,” and tell an adult.

Practice at Home

Help your child create a plan for what to do if someone breaks the Touching Rule at school, daycare, a friend’s house, or other places your child regularly visits. Ask: **If a person broke the Touching Rule at _____, what would you do? What adult would you tell?**

Activity

Help your child name and label private body parts on the body outline below. Then help your child think of three different things to say if a person tried to touch his or her private body parts. Have your child practice standing tall and using a strong, respectful voice to say words that mean no.

	Refuse—Say words that mean no:

(CHILD’S NAME)	(DATE)	(ADULT’S SIGNATURE)
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