

Students: Part of keeping yourself safe is always remembering to ask a parent or person in charge first before going somewhere, doing something, or accepting something from someone.

Sometimes you go places where there is no person in charge to ask. List at least three places you go where there may not be a person in charge:
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Family Safety Plan: Staying Safe on Your Own

Talk with your family about what you need to do to keep yourself safe when you're alone. Pick one place from your list above and create a plan together for staying safe there.

Place:

How I can use the Ways to Stay Safe here to keep myself safe?

If I need to report something unsafe or ask first while on my own, who can I call?

If I don't have a phone or my phone isn't working, what will I do?

Ways to Stay Safe





REPORT: Tell an adult.



REFUSE: Say words that mean no.

Always Ask First Rule

Always ask a parent or the person in charge first before going somewhere, doing something, or accepting something from someone.

If I feel unsafe and need an adult's help right away, where can I go?

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(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)

