



What Is My Child Learning?

Your child is reviewing the rules and skills he or she learned in the Child Protection Unit. Your child is also practicing how to say no to unsafe situations and how to report broken safety rules to an adult.

Why Is It Important?

Reviewing personal safety skills helps your child remember them. This makes it more likely for your child to remember the rules and use the skills to stay safe in different situations.

David Speaks Up Video

As part of this lesson, your child watched the video *David Speaks Up*. It tells the story of a child who uses the rules and skills he learned in the Child Protection Unit to keep himself safe. *David Speaks Up* is available for viewing online at SecondStep.org. You can also download a guide to help you talk about the video with your child. Use this Activation Key to access it: CPU3 FAMI LYG3.

Ask your child: What safety rules and skills did you review this week?

Read Together

Remembering rules and skills you have learned will help you stay safe. Remembering the rules helps you recognize when someone is breaking them. Then you can use your skills to refuse the unsafe situation and report it to an adult. That's using the Ways to Stay Safe! Another important rule is to always ask first when someone asks you to go somewhere, do something, or take something.

Practice Together: Ways to Say No

Together with your child, think of how to respond in each of these situations. For example, your child can say words that mean no to refuse to do something unsafe. Then help your child think of different trusted adults to whom he or she can report:

Your friend wants to leave the playground during recess:

- Trusted adults: _____

Your next-door neighbor offers you a ride to school:

- Trusted adults: _____

An older student asks you to go behind the school and play a secret game with her:

- Trusted adults: _____

A neighbor tries to touch your private body parts and tells you to keep it a secret:

- Trusted adults: _____

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)