



**What Is My Child Learning?**  
 Your child is learning ways bystanders can help stop bullying.

**Why Is This Important?**  
 Bystanders have the power to stop bullying by standing up for others, reporting or helping report bullying, and including others. But bystanders can also make bullying worse if they join in or don't help.

**Ask your child: What is a bystander?** *Second Step* answer: Someone who sees or knows bullying is happening to someone else.

**What are some things you can do as a bystander to help stop bullying?**

Possible answers:

- Stand up for the person being bullied and say, “Stop. That’s bullying.”
- Report or help report the bullying to a caring adult.
- Include others by inviting them to join in.

**A bystander is someone who sees or knows bullying is happening to someone else.**

**Practice at Home**

Tell your child that including others can be a way to keep bullying from happening. Remind your child to include others by inviting them to join in: **I see that your sister is interested in what you and your friend are making with that clay. Can you invite her to help you make it?**

**Activity**

Read each scenario. Ask your child to find the picture that matches scenario 1 best and circle the 1 below that picture. Repeat with scenarios 2 and 3. Then have your child stand up and practice saying the words for each picture out loud assertively.

**Scenarios**

1. Stand up for the person being bullied. Say, “Stop. That’s bullying.”
2. Report or help report the bullying to a caring adult. Say, “I need to report bullying.”
3. Include others by inviting them to join in. Say, “Do you want to play with me?”

		
<p>1      2      3</p>	<p>1      2      3</p>	<p>1      2      3</p>

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)
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