



What Is My Child Learning?

Your child is reviewing the rules and skills he or she learned in the Child Protection Unit. Your child is also practicing how to say no to unsafe situations and how to report broken safety rules to an adult.

Why Is It Important?

Reviewing personal safety skills helps your child remember them. This makes it more likely for your child to remember the rules and use the skills to stay safe in different situations.

David Speaks Up Video

As part of this lesson, your child watched the video *David Speaks Up*. It tells the story of a boy who uses the rules and skills he learned in the Child Protection Unit to keep himself safe. *David Speaks Up* is available for viewing online at SecondStep.org. Use this Activation Key to access it: CPU1 FAMI LYG1. You can also download a guide to help you talk about the movie with your child.

Ask Your Child:

- **What are the Ways to Stay Safe?** *Second Step* answer: Recognize: Is it safe? What’s the rule? Report: Tell an adult. Refuse: Say words that mean no.
- **What should you do when someone asks you to do something, take something, or go somewhere?** *Second Step* answer: Always ask a parent or the person in charge first.
- **What is the Touching Rule?** *Second Step* answer: A person should never touch your private body parts except to keep you healthy.
- **What is the Never Keep Secrets Rule?** *Second Step* answer: Never keep secrets about touching.

Practice At Home

During the week, work with your child to help him or her remember the Ways to Stay Safe, the Always Ask First Rule, the Touching Rule, and the Never Keep Secrets Rule. Ask your child to recite the rules and, if you see a situation that might be unsafe, ask your child how he or she could use the Ways to Stay Safe.

Activity

Help your child to complete the Personal Safety Mix ’n’ Match activity below by drawing a line from each item in the left column to its description in the right. Use the “Ask Your Child” section above to check that your child has completed this correctly. When your child is done, help him or her remember the trusted adults he or she can go to ask for permission or report a broken rule.

Recognize	Never keep secrets about touching
Report	A person should never touch your private parts except to keep you healthy
Refuse	Tell an adult
Touching Rule	Is it safe? What’s the rule?
Always Ask First Rule	Say words that mean no
Never Keep Secrets Rule	Always ask a parent or the person in charge first before going somewhere, doing something, or taking something from someone else.

Trusted adults: _____

(CHILD’S NAME)	(DATE)	(ADULT’S SIGNATURE)
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