



What Is My Child Learning?

Your child is learning the Touching Rule: a person should never touch your private body parts except to keep you healthy. Your child is also learning to use the Ways to Stay Safe when someone breaks the Touching Rule.

Why Is It Important?

The Touching Rule helps your child recognize sexual abuse so he or she can say no and tell an adult. Knowing the correct names for private body parts helps your child be understood when reporting.

Ask your child: What is the Touching Rule?

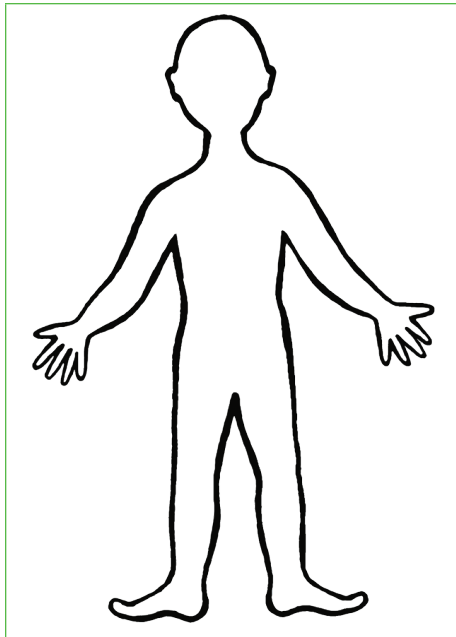
Read Together

A person should never touch your private body parts except to keep you healthy. That is the Touching Rule. Remembering the Touching Rule will help keep you safe. You can pay attention to uncomfortable feelings in your body to help you recognize when someone breaks the Touching Rule. Remember, it is never your fault if someone breaks the Touching Rule.

Practice Together: Talking About Private Body Parts

Your child may have learned many different names for body parts. Help your child to learn and practice the correct names for private body parts by working together to label the body outline.

1. Have your child label the body outline, filling in names for all private body parts.
2. With your child, review the names he or she wrote for private body parts.
3. Make sure your child has written the correct names for private body parts (boys: penis and buttocks or bottom; girls: vagina, vulva, breasts, and buttocks or bottom). If your child has written something else, explain the proper terms and help him or her write the proper terms below.



(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)
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