




Name: _____

Uh-oh—you accidentally bumped a table while you were walking and talking on the phone, and your mom’s favorite vase fell off and broke. What do you do? Blame it on your sister? Hide the pieces and tell your mom you have no idea what happened to it?

Neither of those solutions feels right. You know what you need to do. You need to take responsibility for your actions.

With an adult family member, practice taking responsibility for your actions. You can practice using the broken-vase scenario or come up with your own. Write down what you would say for each of the Steps for Taking Responsibility, then practice saying it out loud with your adult.



Steps for Taking Responsibility

1. Admit what you did was wrong.
2. Make a sincere apology.
3. Offer to make amends.

I need to take responsibility for: _____

Admit what you did was wrong. What would you say? _____

Make a sincere apology. How would you say you are sorry? _____

Offer to make amends. What could you do to make up for what you did? _____

This homework assignment was completed on _____	_____
(DATE)	(ADULT SIGNATURE)