

**What Is My Child Learning?**

Your child is learning the Touching Rule: a person should never touch your private body parts except to keep you healthy. Your child is also learning to use the Ways to Stay Safe when someone breaks the Touching Rule.

Why Is It Important?

The Touching Rule helps your child recognize sexual abuse so he or she can say no and tell an adult. Knowing the correct names for private body parts helps your child be understood when reporting.

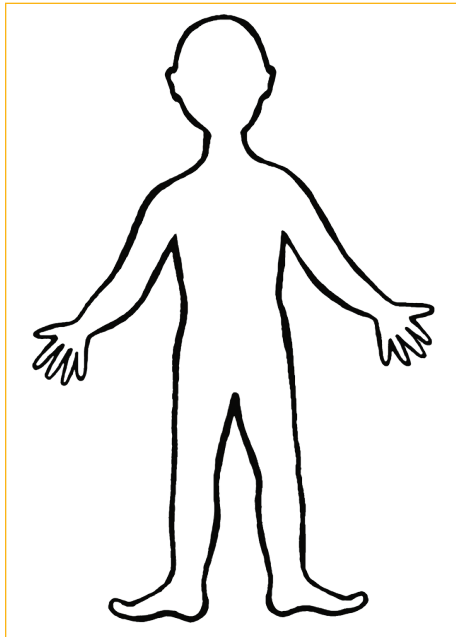
Ask your child: What is the Touching Rule?**Read Together**

A person should never touch your private body parts except to keep you healthy. That is the Touching Rule. Remembering the Touching Rule will help keep you safe. You can pay attention to uncomfortable feelings in your body to help you recognize when someone breaks the Touching Rule. Remember, it is never your fault if someone breaks the Touching Rule.

Practice Together: Talking About Private Body Parts

Practice using the correct words for private body parts. Your child may giggle at first using these words, but the more he or she practices, the more comfortable he or she will be.

1. Using the outline below, point to private and nonprivate body parts and say their names with your child.
2. Have your child point out the body parts on his or her own. Help your child remember the correct names.
3. Help your child label the outline body below with the correct names for his or her private body parts.
4. Each time your child labels a private body part, ask what he or she would do if someone tried to touch that body part.



(CHILD'S NAME)

(DATE)

(ADULT'S SIGNATURE)