



What Is My Child Learning?

Your child is learning to never keep secrets about touching and that it is never his or her fault if someone else breaks the Touching Rule, and to keep telling adults about a broken Touching Rule until someone helps.

Why Is It Important?

Students may be afraid to tell about sexual abuse because they've been told to keep it a secret. Knowing touching secrets are not okay and they can get help makes it more likely children will report abuse.

Ask your child: What is the Never Keep Secrets Rule?

Read Together

You should never keep secrets about touching. This is the Never Keep Secrets Rule. If someone breaks the Touching Rule and tells you to keep it a secret, you need to tell an adult. Always telling an adult about a broken Touching Rule helps you stay safe. Remember, if you tell an adult and they don't help you, keep telling until someone helps.

Practice Together: Reporting a Broken Touching Rule Role-Play

1. Help your child think of what to say to you if someone breaks the Touching Rule.
2. Think together what you should say to your child if he or she reports a broken Touching Rule.
3. Help your child practice assertively reporting a broken Touching Rule by standing tall with head high and shoulders back, speaking in a strong, respectful voice, and using respectful words.
4. Practice your response to your child's report: Listen closely to what your child is saying. Stay calm. Reassure your child she or he did the right thing by reporting and it's not her or his fault.

When you have finished practicing reporting and listening, have your child rate his or her assertiveness and rate your own listening skills below by circling a number.

I give myself a **1** **2** **3** **4** **5** for assertiveness

I give myself a **1** **2** **3** **4** **5** for listening

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)
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