

Developing a Positive Sense of Self

For all lessons in this unit: students will need paper and writing supplies. Expect to spend less than 5 minutes on each slide of the presentation, unless otherwise indicated.

	Lesson Title	Objective	Key Concepts	Vocabulary	Materials	Teacher's Notes
Lesson 8	What Are Guiding Principles?	Students will be able to identify what guiding principles are and where they come from.	People care about different things, which can explain why they behave the way they do.	Guiding principles (n.) the things that are most important to people that help them make decisions.		During the Apply section, allow time for students to think through and discuss each of the scenarios and possible guiding principles. Encourage students to explain their thinking. For the Reflect question, it's okay if a student names a guiding principle not on the list of 10.
Lesson 9	Your Guiding Principles	Students will be able to use a process to identify at least one of their own guiding principles.	Thinking about your actions and feelings can give clues to what your guiding principles are.		Whiteboard or chart paper	During the Learn section, spend about 1 minute on each statement. If students aren't sure if a statement applies to them, have them write "a little like me."
Lesson 10	Making Decisions	Students will be able to describe how they can use their guiding principles to make decisions.	Thinking about your guiding principles can help you make decisions.			In the Learn section, talk through each item in the table showing Fred's thought process. Students will set up similar tables for the scenario in the Apply section.
Lesson 11	Multiple Guiding Principles	Students will be able to apply more than one guiding principle before making a decision.	Thinking about all of your guiding principles can help you make better decisions.			In the Warm-Up, it's okay if students are hesitant or uncomfortable saying London should keep the key. The scenario continues in the Learn section.
Lesson 12	Thinking Short-Term and Long-Term	Students will be able to evaluate how they would feel after making a decision using their guiding principles.	When making a tough decision, think about how you'll feel later as well as in the moment.			The flip cards in the Learn and Apply sections have sample answers on the back. Have students discuss the prompt on screen before you flip the cards.
Lesson 13	Using Your Guiding Principles	Students will be able to apply their guiding principle to make a decision in a given situation.			Tape for posting stories on wall	Students should spend 5-10 minutes completing their stories independently. Allow time for a gallery walk after students write and before the Wrap-Up.



Performance Task: Using Your Guiding Principles

In this performance task, students apply their guiding principles to make a decision in a given situation.

Instructions to Teachers

The performance task is an opportunity for students to demonstrate the skills and knowledge they acquired throughout **Unit 2: Developing a Positive Sense of Self**.

The rubric below can be used as a tool to guide you as you observe and listen to your students during the performance task. If you're uncertain

that students are meeting criteria, you can check their understanding by asking questions that encourage further elaboration or clarification. If students are struggling with criteria, you can provide support as needed. In addition, there are suggested resources for ways to reinforce or continue to practice the skills and knowledge.

UNIT GOAL	SKILL OR KNOWLEDGE	EVALUATION	UNIT RESOURCES FOR REINFORCEMENT AND		
ONIT GOAL	TO BE DEMONSTRATED	Approaching	Meeting	CONTINUING PRACTICE	
Identify their own guiding principles	Naming at least one of their own guiding principles	The story does not state a guiding principle. OR The stated guiding principle is an action or detail from the story, not something important to the way they live.	The story states a guiding principle from the list. OR The story states a guiding principle that's not on the list but is important to the way they live.	 L8: What Are Guiding Principles? L9: Your Guiding Principles 	
Apply guiding principles to make a decision in a given situation	Explaining how guiding principles can help them make decisions	The story does not include a decision. OR The decision made in the story is not clearly related to the stated guiding principle.	The story includes a decision. AND The decision made in the story is clearly related to the stated guiding principle.	 L10: Making Decisions L11: Multiple Guiding Principles L12: Thinking Short-Term and Long-Term 	



Performance Task: Using Your Guiding Principles

Additional Observation Notes							