



Lesson Time

Your child is learning:

- To tell what is the same and what is different about two things
- That it's okay if people have different feelings about the same thing

Understanding that people may have different feelings about the same thing helps your child get along with others.

Play Time

Play a game with your child. Practice comparing your feelings and your child's feelings about the same event. Use events such as bedtime, tooth-brushing time, snack time, clean-up time, and story time.

Say: **We're going to play Do We Feel Different or the Same? We're going to pretend that it's time for \_\_\_\_\_.** Tell me how you feel about it. Then I will tell you how I feel about it. Then ask: **Do we feel the same or different?**

Story Time



This week's story is about Marisa and Shontal. They are having different feelings about riding a bike. Ask your child about this story.

- **What do you see in this photo?**
- **How is Shontal feeling?** (Happy.) **How can you tell?** (By her body. By the look on her face.)
- **How is Marisa feeling?** (Afraid.) **How can you tell?** (By her body. By the look on her face.)

**Now let's find things about us that are the same or different.** Look at the following with your child: eyes, hair, clothing, height, and so on.