



What Is My Child Learning?

Your child is learning how to report bullying to a caring adult.

Why Is This Important?

Caring adults can help keep children safe from bullying. When children practice reporting details about their day, they use the same skills needed to report bullying.

Ask your child: Who are some caring adults you can report bullying to if it happens to you or to someone else?

Read Together

Whenever bullying happens to you or to someone else, you need to report it to a caring adult. This week you practiced what to say and how to say it assertively when you report bullying: You face the person you're talking to, keep your head up and your shoulders back, and say in a strong, respectful voice: "I need to report bullying." If you report bullying to someone and it doesn't help, you need to find someone who listens and does help stop the bullying. Reporting bullying is not tattling. Tattling is trying to get someone in trouble. Reporting means telling an adult in order to keep people safe.

Practice Together: Reporting the Day

Help your child practice reporting to you anything that happened at school today. First have your child face you, keep his or her head up and shoulders back, and say in a strong, respectful voice, "I need to report my day." Then ask your child some of the questions below. These are questions that are asked when children report anything to an adult, whether it is positive or negative, including bullying. You and your child can fill in your child's answers together. Ask these questions daily so your child keeps practicing!

1. What happened?

2. Who else was there?

3. When did this happen?

4. Where did it happen?

5. Has it happened before? _____ **If yes, ask: When and where did it happen before?**

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)