What if you could

BOOST YOUR INCOME

by as much as

50 per cent¹?

It might be possible!

File your taxes and find out.

Filing a tax return is the <u>only way</u> to apply for most benefits and credits that can add to your income or reduce the tax you pay.*

Living on a low income?

If you get
social
assistance
or earn a
low wage



You could get the GST/HST credit

and receive between

\$450 to \$1300

annually depending on whether you're single, have a spouse or have children.



You could be eligible for the Canada Child Benefit

and receive between

\$5900 to \$7000

annually per child depending on your income and the age of your children.



You could get the

Guaranteed Income Supplement

and receive between

\$650 to \$1700

monthly when combined with the **Old Age Security**, depending on whether you're single or have a spouse.

Work and live on a low income



You could get the Canada Workers Benefit

and receive between

\$1000 to \$3000

annually depending on whether you're single, have a family, or receive the **Disability Tax Credit**.



You could get the Disability Tax Credit and

pay less tax and unlock other benefits

like the **Registered Disability Savings Plan**, the **Canada Workers Benefit** disability supplement and the **Child Disability Benefit**.

"I had no idea how it worked.

I thought they would just take my money, but I got money back."

– First-time tax-filer in Thunder Bay, Ontario





COMMUNITY FOOD CENTRES
CANADA good food is just the beginning