

wagamama

**allergen information  
and dietary guide**  
ak-05-01-21



## allergens note - delivery order

**please note if you have an allergy:** sorry but we're unable to cater for allergies on orders placed through delivery

however, we can cater for allergy / dietary requirements at our restaurants so please come and eat in with us instead

## allergen information and dietary guide

### this guide

this guide lists what allergenic ingredients are contained in each of our dishes

the guide also shows whether or not dishes are suitable for vegetarian or vegan customers

at the bottom of this page is a key which explains how the guide works. you will find the same key in the same place at the bottom of each page in this guide

### gluten

most of our dishes include ingredients that contain gluten, but we are able to modify some recipes to remove these ingredients or replace them

gluten is found in cereals such as wheat, barley and rye, so for details of which dishes we are able to modify, please refer to the **cereals containing gluten** page in the modification guide

### diabetes

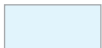
carbohydrate and sugar values for our food can be found within the nutritional information for each dish that is published on our website [wagamama.com](http://wagamama.com)

### allergenic ingredients featured in this guide in accordance with the EU Food Information Regulation are

- **celery**
- **cereals containing gluten** - including wheat (such as spelt and khorasan), rye, barley and oats
- **crustaceans** - such as prawns, crabs and lobsters
- **eggs**
- **fish**
- **lupin**
- **milk**
- **molluscs** - such as mussels, oysters and squid
- **mustard**
- **tree nuts** - including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts
- **peanuts**
- **sesame seeds**
- **soybeans**
- **sulphur dioxide and sulphites** (if they are at a concentration of more than ten parts per million)



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| sides |                                 | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|-------|---------------------------------|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu   | dish                            | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 104   | edamame with salt               |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 104   | edamame with chilli garlic salt |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 104   | edamame plain                   |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 110   | bang bang cauliflower           |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | *            | ●        | ●                             | yes           | yes   |
| 106   | wok-fried greens                |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 111   | vegetable tempura               |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | *            | ●        | ●                             | yes           | yes   |
| 119   | vegan chilli 'squid'            |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | yes           | yes   |
| 120   | sticky vegan 'ribs'             |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | yes           | yes   |
| 27    | chicken yakitori                |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        |                               | no            | no    |
| 96    | prawn kushiyaki                 |                    |                           | ●           |      | ●    |       |      |          |         |           |         |              |          | ●                             | no            | no    |
| 94    | tama squid                      |                    | ●<br>(wheat)              | ●           | ●    | ●    |       | ●    | ●        |         |           |         | *            | ●        |                               | no            | no    |
| 103   | ebi katsu                       |                    | ●<br>(barley, wheat)      | ●           | *    | *    |       | *    | *        |         |           |         | *            | *        | ●                             | no            | no    |
| 107   | chilli squid                    |                    | *                         | *           | *    | *    |       | *    | ●        |         |           |         | ●            | *        | ●                             | no            | no    |

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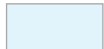
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| gyoza |                                  | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|-------|----------------------------------|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu   | dish                             | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 101   | steamed gyoza, yasai i vegetable |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         | ●            | ●        | ■                             | yes           | yes   |
| 100   | steamed gyoza, chicken           |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        |                               | no            | no    |
| 105   | steamed gyoza, pulled pork       |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         |              | ●        | ■                             | no            | no    |
| 99    | fried gyoza, duck                |                    | ●<br>(barley, wheat)      | *           | *    | *    |       | *    | *        |         |           |         | ●            | ●        | ●                             | no            | no    |
| 102   | fried gyoza, prawn               |                    | ●<br>(wheat)              | ●           | *    | ●    |       | *    | *        |         |           |         | ●            | ●        | ●                             | no            | no    |

| hirata steamed buns |   | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|---------------------|---|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu                 | dish  | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 115                 | hirata buns, pork belly, panko apple and sriracha |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         | *            | *        | ●                             | no            | no    |
| 114                 | hirata buns, mixed mushroom and panko aubergine   |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         | ●            | ●        | *                             | yes           | yes   |
| 113                 | hirata buns, korean barbecue beef and red onion   |                    | ●<br>(barley, wheat)      | ●           |      | ●    |       | ●    | ●        |         |           |         |              | ●        | ■                             | no            | no    |



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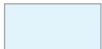
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| extras |                             | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|--------|-----------------------------|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu    | dish                        | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 304    | japanese pickles            |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 303    | chillies                    |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 302    | miso soup, japanese pickles |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | yes   |
| 305    | tea-stained egg             |                    |                           |             | ●    |      |       |      |          |         |           |         |              | ●        |                               | yes           | no    |
| 306    | kimchee                     |                    |                           | ●           |      | ●    |       |      |          |         |           |         |              |          |                               | no            | no    |
| 309    | vegan egg                   |                    |                           |             |      |      |       |      |          | ●       |           |         |              | ●        |                               | yes           | yes   |
| 300    | white rice                  |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 307    | brown rice                  |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 300    | sticky white rice           |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 301    | soba noodles                |                    | ●<br>(wheat)              |             | ●    |      |       |      |          |         |           |         |              |          |                               | yes           | no    |
| 301    | udon noodles                |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 301    | rice noodles                |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |



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| curry |   | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|-------|---|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu   | dish  | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 79    | raisukaree, prawn   |                    |                           | ●           |      |      |       |      |          |         |           |         | ●            | ●        |                               | no            | no    |
| 75    | raisukaree, chicken   |                    |                           |             |      |      |       |      |          |         |           |         | ●            | ●        |                               | no            | no    |
| 76    | raisukaree, tofu  |                    |                           |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | yes           | yes   |
| 93    | firecracker, prawn  |                    | ●<br>(barley, wheat)      | ●           |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | no            | no    |
| 92    | firecracker, chicken  |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | no            | no    |
| 91    | firecracker, tofu   |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | yes           | yes   |
| 1171  | vegatsu, regular  |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |           |         | *            | ●        | ●                             | yes           | yes   |
| 668   | vegatsu, hot  |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |           |         | *            | ●        | ●                             | yes           | yes   |
| 71    | katsu curry, chicken  |                    | ●<br>(wheat)              | *           | ●    | *    |       | *    | *        | ●       |           |         | *            | ●        | ●                             | no            | no    |
| 73    | grilled chicken katsu   |                    | ●<br>(wheat)              |             |      |      |       |      |          | ●       |           |         |              | ●        | ●                             | no            | no    |
| 72    | katsu curry, yasai   sweet potato, aubergine and butternut squash     |                    | ●<br>(wheat)              |             |      |      |       |      |          | ●       |           |         | *            | ●        | ●                             | yes           | yes   |
| 666   | hot katsu curry, chicken  |                    | ●<br>(barley, wheat)      | *           | ●    | *    |       | *    | *        | ●       |           |         | *            | ●        | ●                             | no            | no    |
| 667   | hot katsu curry, yasai   sweet potato, aubergine and butternut squash |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |           |         | *            | ●        | ●                             | yes           | yes   |

| donburi |                                | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|---------|--------------------------------|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu     | dish                           | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 89      | grilled duck donburi           |                    | ●<br>(barley, wheat)      | ●           | ●    | ●    |       |      |          |         |           |         | ●            | ●        | ●                             | no            | no    |
| 69      | teriyaki donburi, beef brisket |                    | ●<br>(barley, wheat)      | ●           |      | ●    |       |      |          |         |           |         | ●            | ●        | ●                             | no            | no    |
| 70      | teriyaki donburi, chicken      |                    | ●<br>(barley, wheat)      | ●           |      | ●    |       |      |          |         |           |         | ●            | ●        | ●                             | no            | no    |

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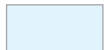
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| ramen |                               | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|-------|-------------------------------|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu   | dish                          | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 30    | tantanmen beef brisket ramen  | ●                  | ●<br>(barley, wheat)      | ●           | ●    | ●    |       | ●    | ●        | ●       |           |         | ●            | ●        | ●                             | no            | no    |
| 35    | miso-glazed cod ramen         | ●                  | ●<br>(wheat)              | ●           | ●    | ●    |       | ●    | ●        | ●       |           |         |              | ●        |                               | no            | no    |
| 34    | chilli prawn and kimchi ramen | ●                  | ●<br>(barley, wheat)      | ●           | ●    | ●    |       |      |          |         |           |         |              |          | ●                             | no            | no    |
| 24    | chilli ramen, sirloin steak   |                    | ●<br>(barley, wheat)      |             | ●    |      |       |      |          |         |           |         |              | ●        | ●                             | no            | no    |
| 25    | chilli ramen, chicken         |                    | ●<br>(barley, wheat)      |             | ●    |      |       |      |          |         |           |         |              | ●        | ●                             | no            | no    |
| 23    | kare burosu ramen             | ●                  | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |           |         | ●            | ●        | ●                             | yes           | yes   |
| 31    | shirodashi pork belly ramen   |                    | ●<br>(barley, wheat)      | ●           | ●    | ●    |       | ●    | ●        |         |           |         |              | ●        | ●                             | no            | no    |
| 20    | grilled chicken ramen         |                    | ●<br>(wheat)              |             | ●    | ●    |       |      |          |         |           |         |              | ●        |                               | no            | no    |
|       | light broth, chicken stock    |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | no            | no    |
|       | light broth, vegetable stock  | ●                  |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
|       | spicy broth, chicken stock    |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         |              |          | ●                             | no            | no    |
|       | spicy broth, vegetable stock  | ●                  | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         |              |          | ●                             | yes           | yes   |
|       | rich broth, chicken stock     |                    | ●<br>(wheat)              |             |      | ●    |       |      |          |         |           |         |              | ●        |                               | no            | no    |



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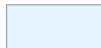


| kokoro bowls |                        | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          | suitable for?                 |            |       |
|--------------|------------------------|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|------------|-------|
| plu          | dish                   | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian | vegan |
| 90           | avant gard'n           |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |           |         | ●            | ●        | ●                             | yes        | yes   |
| 67           | nuoc cham tuna         |                    | *                         |             |      | ●    |       |      |          |         |           |         | *            | ●        | ●                             | no         | no    |
| 78           | naked katsu            |                    | ●<br>(wheat)              |             |      |      |       |      |          | ●       |           |         |              | ●        | ●                             | no         | no    |
| 230          | shu's 'shioik' chicken |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | no         | no    |

| teppanyaki |                              | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          | suitable for?                 |            |       |
|------------|------------------------------|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|------------|-------|
| plu        | dish                         | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian | vegan |
| 45         | teriyaki soba, sirloin steak |                    | ●<br>(barley, wheat)      |             | ●    | ●    |       |      |          |         |           |         | ●            | ●        | ●                             | no         | no    |
| 46         | teriyaki soba, salmon        |                    | ●<br>(barley, wheat)      |             | ●    | ●    |       |      |          |         |           |         | ●            | ●        | ●                             | no         | no    |
| 44         | ginger chicken udon          |                    | ●<br>(wheat)              |             | ●    | ●    |       |      |          |         |           |         |              | ●        |                               | no         | no    |
| 40         | yaki soba, chicken and prawn |                    | ●<br>(wheat)              | ●           | ●    |      |       |      |          |         |           |         | ●            | ●        |                               | no         | no    |
| 41         | yaki soba, yasai   mushroom  |                    | ●<br>(barley, wheat)      |             | ●    |      |       |      |          |         |           |         | ●            | ●        |                               | yes        | no    |
| 59         | cod mokutan soba             | ●                  | ●<br>(wheat)              | ●           | ●    | ●    |       | ●    | ●        | ●       |           |         |              | ●        | ●                             | no         | no    |
| 48         | pad thai, chicken and prawn  |                    | ●<br>(barley, wheat)      | ●           | ●    | ●    |       |      |          |         |           |         |              | ●        |                               | no         | no    |
| 47         | pad thai, yasai   tofu       |                    | ●<br>(barley, wheat)      |             | ●    |      |       |      |          |         |           |         |              | ●        | ●                             | yes        | no    |
| 42         | yaki udon                    |                    | ●<br>(wheat)              | ●           | ●    | ●    |       |      |          |         |           |         | ●            | ●        |                               | no         | no    |



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**a blue box** | means that the dish can be modified to remove the specified allergenic ingredient or to make it suitable for vegetarians or vegans. please ask your server for more information



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| fresh juices |                 | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|--------------|-----------------|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu          | dish            | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 05           | high five       |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | no    |
| 15           | up-beet         |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 06           | nourish-mint    |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 03           | orange          |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | no    |
| 14           | power           |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 10           | blueberry spice |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 11           | positive        |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 08           | tropical        |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | no    |

**drinks** (bottled, can & prepackaged) for allergen and dietary information about bottled, can & prepackaged drinks please ask to check the label

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| desserts                    |  | this dish contains |                           |             |      |      |       |      |          |         |   |         |              |          |                               | suitable for? |       |
|-----------------------------|--|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|---|---------|--------------|----------|-------------------------------|---------------|-------|
| plu                         | dish                                   | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts   | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 131                         | white chocolate and ginger cheesecake  |                    | ●<br>(oat, wheat)         |             |      |      |       | ●    |          |         | ●<br>(including almonds, walnuts and pecans)  | ●       |              | ●        |                               | yes           | no    |
| 142                         | banana katsu                           |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |   |         | *            | ●        | *                             | yes           | yes   |
| 129                         | smoked chocolate caramel cake          |                    | ●<br>(wheat)              |             | ●    |      |       | ●    |          |         | ●<br>(including almonds, hazelnuts, walnuts, pecans, pistachios and macadamia nuts)                       | ●       |              | ●        |                               | yes           | no    |
| 146                         | yuzu and lemon tart                    |                    | ●<br>(wheat)              |             | ●    |      |       | ●    |          |         | ●<br>(including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts) | ●       | ●            | ●        | ●                             | yes           | no    |
| 130                         | salted caramel cheesecake              |                    | ●<br>(wheat)              |             | ●    |      |       | ●    |          | ●       |   |         |              | ●        |                               | yes           | no    |
| 135                         | white chocolate and matcha cheesecake  |                    |                           |             | ●    |      |       | ●    |          |         | ●<br>(including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts) |         | ●            | ●        | ●                             | yes           | no    |
| 134                         | chocolate orange cake                  |                    |                           |             |      |      |       |      |          |         | ●<br>(including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts) | ●       | ●            | ●        | ●                             | yes           | yes   |
| <b>ice cream and sorbet</b> |  |                    |                           |             |      |      |       |      |          |         |   |         |              |          |                               |               |       |
| 127                         | vietnamese coffee ice cream            |                    |                           |             |      |      |       | ●    |          |         |   |         |              | ●        |                               | yes           | no    |
| 140                         | coconut reika ice cream                |                    |                           |             |      |      |       |      |          |         |   |         |              |          |                               | yes           | yes   |
| 128                         | miso caramel ice cream                 |                    |                           |             |      |      |       |      |          |         |   |         |              | ●        |                               | yes           | yes   |
| 153                         | chocolate and orange blossom ice cream |                    |                           |             |      |      |       |      |          |         |   |         |              |          |                               | yes           | yes   |
| 151                         | strawberry and yuzu ice cream          |                    |                           |             |      |      |       |      |          |         |   |         |              |          |                               | yes           | yes   |
| 122                         | pink guava and passion fruit sorbet    |                    |                           |             |      |      |       |      |          |         |   |         |              |          |                               | yes           | yes   |



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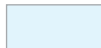
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| kids menu          |   | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|--------------------|---|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu                | dish  | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| <b>mains</b>       |   |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 920                | mini ramen                                    |                    | ●<br>(wheat)              |             | ●    |      |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| 940                | mini yaki soba, chicken                       |                    | ●<br>(barley, wheat)      |             | ●    |      |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| 981                | mini grilled noodles, chicken                 |                    | ●<br>(barley, wheat)      |             | ●    |      |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| 982                | mini grilled noodles, fish                    |                    | ●<br>(barley, wheat)      |             | ●    | ●    |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| 977                | mini cha han, chicken                         |                    | ●<br>(barley, wheat)      |             | ●    |      |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| 983                | crispy fish bites, no sauce                   |                    | ●<br>(wheat)              | *           | *    | ●    |       | *    | *        |         |           |         | *            | *        |                               | no            | no    |
| 983                | crispy fish bites, katsu curry sauce          |                    | ●<br>(wheat)              | *           | *    | ●    |       | *    | *        | ●       |           |         | *            | *        |                               | no            | no    |
| 983                | crispy fish bites, amai sauce                 |                    | ●<br>(barley, wheat)      | *           | *    | ●    |       | *    | *        |         |           |         | *            | ●        |                               | no            | no    |
| 971                | mini chicken katsu, no sauce                  |                    | ●<br>(wheat)              | *           | ●    | *    |       | *    | *        |         |           |         | *            | *        |                               | no            | no    |
| 971                | mini chicken katsu, katsu curry sauce         |                    | ●<br>(wheat)              | *           | ●    | *    |       | *    | *        | ●       |           |         | *            | *        |                               | no            | no    |
| 971                | mini chicken katsu, amai sauce                |                    | ●<br>(barley, wheat)      | *           | ●    | *    |       | *    | *        |         |           |         | *            | ●        |                               | no            | no    |
| 973                | mini grilled chicken katsu, no sauce          |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| 973                | mini grilled chicken katsu, katsu curry sauce |                    | ●<br>(wheat)              |             |      |      |       |      |          | ●       |           |         |              | ●        |                               | no            | no    |
| 973                | mini grilled chicken katsu, amai sauce        |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| <b>mains yasai</b> |   |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 203                | tofu sample                                   | ●                  |                           |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | yes   |
| 927                | mini yasai ramen                              | ●                  | ●<br>(wheat)              |             | ●    |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | no    |
| 11927              | mini yasai ramen, udon noodles                | ●                  | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | yes   |
| 11927              | mini yasai ramen, rice noodles                | ●                  |                           |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | yes   |



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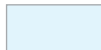
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| kids menu              |  | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|------------------------|--|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu                    | dish                                       | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| <b>mains yasai</b>     |  |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 941                    | mini yasai yaki soba                       |                    | ●<br>(barley, wheat)      |             | ●    |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | no    |
| 11941                  | mini yasai yaki soba, udon noodles         |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | yes   |
| 11941                  | mini yasai yaki soba, rice noodles         |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | yes   |
| 11972                  | mini yasai katsu curry, no sauce           |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         | *            | *        | *                             | yes           | yes   |
| 11972                  | mini yasai katsu curry, katsu curry sauce  |                    | ●<br>(wheat)              |             |      |      |       |      |          | ●       |           |         | *            | *        | *                             | yes           | yes   |
| 11972                  | mini yasai katsu curry, amai sauce         |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | *            | ●        | *                             | yes           | yes   |
| 978                    | mini yasai cha han                         |                    | ●<br>(barley, wheat)      |             | ●    |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | no    |
| 11978                  | mini yasai cha han                         |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | yes   |
| <b>something sweet</b> |  |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 913                    | vanilla pod ice cream, no sauce            |                    |                           |             | ●    |      |       | ●    |          |         |           |         |              |          |                               | yes           | no    |
| 913                    | vanilla pod ice cream, passion fruit sauce |                    |                           |             | ●    |      |       | ●    |          |         |           |         |              |          |                               | yes           | no    |
| 913                    | vanilla pod ice cream, chocolate sauce     |                    |                           |             | ●    |      |       | ●    |          |         |           |         |              | ●        |                               | yes           | no    |
| 915                    | little ko pop, mango and apple             |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 915                    | little ko pop, blackcurrant and apple      |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| <b>drinks</b>          |  |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 910                    | mini fresh juice, orange                   |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | no    |
| 910                    | mini fresh juice, apple                    |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 910                    | mini fresh juice, orange and apple         |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | no    |
| 911                    | glass of milk                              |                    |                           |             |      |      |       | ●    |          |         |           |         |              |          |                               | yes           | no    |



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| non gluten menu |   | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|-----------------|---|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu             | dish  | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| <b>sides</b>    |   |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 10104           | edamame with salt                           |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 10104           | edamame with chilli garlic salt             |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 10104           | edamame plain                               |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 10106           | wok-fried greens                            |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 1096            | prawn kushiyaki                             |                    |                           | ●           |      | ●    |       |      |          |         |           |         |              |          | ●                             | no            | no    |
| <b>mains</b>    |   |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 1020            | grilled chicken ramen                       |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| 1048            | chicken and prawn pad thai                  |                    |                           | ●           | ●    | ●    |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| 1079            | raisukaree prawn                            |                    |                           | ●           |      |      |       |      |          |         |           |         | ●            | ●        |                               | no            | no    |
| 1075            | raisukaree chicken                          |                    |                           |             |      |      |       |      |          |         |           |         | ●            | ●        |                               | no            | no    |
| 1076            | raisukaree tofu                             |                    |                           |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | yes           | yes   |
| 10230           | shu's 'shio' chicken                        |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | no            | no    |
| <b>desserts</b> |   |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 10135           | white chocolate and matcha cheesecake       |                    |                           |             | ●    |      |       | ●    |          |         | ●         |         | ●            | ●        | ●                             | yes           | no    |
| 10134           | chocolate orange cake                       |                    |                           |             |      |      |       |      |          |         | ●         |         | ●            | ●        | ●                             | yes           | yes   |
| 10127           | vietnamese coffee ice cream                 |                    |                           |             |      |      |       | ●    |          |         |           |         |              | ●        |                               | yes           | no    |
| 10140           | coconut reika ice cream                     |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 10128           | miso caramel ice cream                      |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 10153           | chocolate and orange blossom ice cream      |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 10151           | strawberry and yuzu ice cream               |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 10122           | pink guava and passion fruit sorbet         |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               | yes           | yes   |
| 10913           | vanilla pod ice-cream   passion fruit sauce |                    |                           |             | ●    |      |       | ●    |          |         |           |         |              |          |                               | yes           | no    |

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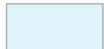
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| vegan                |  | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|----------------------|--|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu                  | dish   | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| <b>sides</b>         |  |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 11120                | sticky vegan ribs                                      |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | yes           | yes   |
| 11119                | vegan chilli squid                                     |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | yes           | yes   |
| 11104                | edamame with salt                                      |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 11104                | edamame with chilli garlic salt                        |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 11104                | edamame plain  |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 11110                | bang bang cauliflower                                  |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | *            | ●        | ●                             | yes           | yes   |
| 11101                | yasai gyoza  |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | yes           | yes   |
| 11106                | wok-fried greens                                       |                    |                           |             |      |      |       |      |          |         |           |         |              | ●        |                               | yes           | yes   |
| 11111                | vegetable tempura                                      |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | *            | ●        | ●                             | yes           | yes   |
| 11114                | mixed mushroom and panko aubergine hirata steamed buns |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |           |         | ●            | ●        | *                             | yes           | yes   |
| <b>noodle dishes</b> |  |                    |                           |             |      |      |       |      |          |         |           |         |              |          |                               |               |       |
| 1123                 | kare burosu ramen                                      | ●                  | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |           |         | ●            | ●        | ●                             | yes           | yes   |
| 1147                 | yasai pad thai   |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | yes   |
| 1141                 | yasai yaki soba, udon noodles                          |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        |                               | yes           | yes   |
| 1141                 | yasai yaki soba, rice noodles                          |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        |                               | yes           | yes   |



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**a blue box** | means that the dish can be modified to remove the specified allergenic ingredient or to make it suitable for vegetarians or vegans. please ask your server for more information



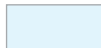
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| vegan              |  | this dish contains |                           |             |      |      |       |      |          |         |  |         |              |          |                               | suitable for? |       |
|--------------------|--|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|--|---------|--------------|----------|-------------------------------|---------------|-------|
| plu                | dish                                   | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts  | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| <b>rice dishes</b> |  |                    |                           |             |      |      |       |      |          |         |  |         |              |          |                               |               |       |
| 1176               | raisukaree, tofu                       |                    |                           |             |      |      |       |      |          |         |  |         | ●            | ●        | ●                             | yes           | yes   |
| 1191               | firecracker, tofu                      |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |  |         | ●            | ●        | ●                             | yes           | yes   |
| 1172               | yasai katsu curry, regular             |                    | ●<br>(wheat)              |             |      |      |       |      |          | ●       |  |         | *            | ●        | ●                             | yes           | yes   |
| 11667              | yasai katsu curry, hot                 |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |  |         | *            | ●        | ●                             | yes           | yes   |
| 1171               | vegatsu, regular                       |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |  |         | *            | ●        | ●                             | yes           | yes   |
| 11668              | vegatsu, hot                           |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |  |         | *            | ●        | ●                             | yes           | yes   |
| 1190               | avant gard'n                           |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          | ●       |  |         | ●            | ●        | ●                             | yes           | yes   |
| <b>extras</b>      |  |                    |                           |             |      |      |       |      |          |         |  |         |              |          |                               |               |       |
| 304                | japanese pickles                       |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |  |         |              | ●        |                               | yes           | yes   |
| 303                | chillies                               |                    |                           |             |      |      |       |      |          |         |  |         |              |          |                               | yes           | yes   |
| 302                | miso soup and japanese pickles         |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |  |         |              | ●        | ●                             | yes           | yes   |
| <b>desserts</b>    |  |                    |                           |             |      |      |       |      |          |         |  |         |              |          |                               |               |       |
| 11142              | banana katsu                           |                    | ●<br>(wheat)              |             |      |      |       |      |          |         |  |         | *            | ●        | *                             | yes           | yes   |
| 11134              | chocolate orange cake                  |                    |                           |             |      |      |       |      |          |         | ●<br><small>(including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts)</small> | ●       | ●            | ●        | ●                             | yes           | yes   |
| 11140              | coconut reika ice cream                |                    |                           |             |      |      |       |      |          |         |  |         |              |          |                               | yes           | yes   |
| 11128              | miso caramel ice cream                 |                    |                           |             |      |      |       |      |          |         |  |         |              | ●        |                               | yes           | yes   |
| 11153              | chocolate and orange blossom ice cream |                    |                           |             |      |      |       |      |          |         |  |         |              |          |                               | yes           | yes   |
| 11122              | pink guava and passion fruit sorbet    |                    |                           |             |      |      |       |      |          |         |  |         |              |          |                               | yes           | yes   |
| 11151              | strawberry and yuzu ice cream          |                    |                           |             |      |      |       |      |          |         |  |         |              |          |                               | yes           | yes   |



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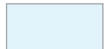
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| available via delivery order only<br>(check with our delivery partners) |   | this dish contains |                           |             |      |      |       |      |          |         |           |         |              |          |                               | suitable for? |       |
|---|---|--------------------|---------------------------|-------------|------|------|-------|------|----------|---------|-----------|---------|--------------|----------|-------------------------------|---------------|-------|
| plu   | dish  | celery             | cereals containing gluten | crustaceans | eggs | fish | lupin | milk | molluscs | mustard | tree nuts | peanuts | sesame seeds | soybeans | sulphur dioxide and sulphites | vegetarian    | vegan |
| 104   | edamame, salt<br><i>** edamame beans are cooked in the same boiler as noodles at delivery kitchen</i>               |                    | **                        |             | **   |      |       |      |          |         |           |         |              | ●        |                               | yes           | no    |
| 104   | edamame, chilli garlic salt<br><i>** edamame beans are cooked in the same boiler as noodles at delivery kitchen</i> |                    | **                        |             | **   |      |       |      |          |         |           |         |              | ●        |                               | yes           | no    |
| 104   | edamame, plain<br><i>** edamame beans are cooked in the same boiler as noodles at delivery kitchen</i>              |                    | **                        |             | **   |      |       |      |          |         |           |         |              | ●        |                               | yes           | no    |
| 74  | cha han   |                    | ●<br>(wheat)              | ●           | ●    |      |       |      |          |         |           |         |              | ●        |                               | no            | no    |
| 77  | chicken yaki donburi  |                    | ●<br>(barley, wheat)      | ●           |      | ●    |       |      |          |         |           |         | ●            | ●        | ●                             | no            | no    |
| 78  | cha han, yasai  |                    | ●<br>(wheat)              |             | ●    |      |       |      |          |         |           |         |              | ●        | ●                             | yes           | no    |
| 1191  | firecracker, tofu   |                    | ●<br>(barley, wheat)      |             |      |      |       |      |          |         |           |         | ●            | ●        | ●                             | yes           | yes   |



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