

## GYM, FITNESS & SPORTS BOOKING

GYM - Opening hours 07:00 - 22:00	free
SPORTS BOOKING/SHOP - Opening hours Monday-Sunday 08:00 - 17.00 Siesta closed between 12.00 - 13.00 every day.	
Group sessions, Fitness classes See sports & activity program	free
Personal Training (on request)	€ 50/h

## TENNIS / PADEL

Tennis and Padel - Social and tuition (1 h / day)	free
Rent of Padel court + rackets	€ 20 / h (4 pers)
Rent of Tennis court + rackets (subject to availability)	Free
Private Tennis coach	€ 45/ h
Private Padel coach (1 or 2 pers)	€ 45/70 h

*Tennis and Padel, pre book in Sports booking. Courts must be pre booked.*

## BIKE RENTAL Road bike, MTB

**Road** Trek Domane AL 2 **MTB** Trek X-Caliber 9

**Sizes:** (48, 51, 52, 54, 56, 58, 61)

Half day (join excursion or social ride) Mountain bikes/Road Bikes bikes on an hourly/daily basis to free ride on	free
Premium Road Bike 6 days Boardman SLR 9.2 (subject to availability)	€ 115

*Pedals (SPD and flats) and helmet included in rent. Bring your own shoes and water bottle.*

## WATERSPORTS

Stand up Paddle board and Kayak rental	free
Waterski/Wakesurf/Wakeboard Pack (6 x 15 min)	€ 200
Individual waterski tows (1 x 15 Min)	€ 35
Water ski/ Wakeboard pack Taster pack of tows for those that want to try = for 3 x 10 min tows	€ 70
Sailing dinghy, catamaran or windsurf equipment Daily or weekly hire also includes use of Kayaks and Paddleboards. 6 day hire includes group tuition sessions when available.	1 day/6 days € 64/€ 322
Private Sailing or Windsurf Lesson	€ 45/per/h

## WOD BOX (X-FIT INCL. MATERIAL)

Training in box on scheduled hours	free
Private use and material for one hour (for groups, subject to availability)	€ 40/h

*Pre book in sports booking or group department.*

## PINK PLATFORM, BEACH PLATFORM & MULTICOURT

Training on scheduled hours (sports & activity program)	free
One hour private use with music and equipment (for groups, on request, subject to availability)	€ 25

*Pre book in sports booking*

**Note: All classes are 50 min, always leave a 10 min gap between each class to be able to prepare for the next class.**

*Prices, brands and opening hours are subject to changes.*

## 25 m TRAINING POOL

Open from 08:00-20:00 Sharing lane, individual use (subject to availability)	free
One hour private lane (pre book) (08:00-20:00)	€ 15/h/lane

*Pre book in sports booking, or with groups department.*