

#### **SPORT RATES & OPENING HOURS**

Summer 1 may 2025 - 31 oct 2025

## **GYM, FITNESS & SPORTS BOOKING**

GYM - Opening hours 07:00 - 22:00 (Unsupervised)	free
SHOP - Opening hours Sunday 12:00 – 18.00, Monday – Saturday 10:00 – 16:30	
SPORTS BOOKING at RECEPTION Monday-Saturday from 7:30 - 23:00	
Group sessions, Fitness classes (See sports & activity program)	free
Personal Training (on request)	€ 50 / h

### **TENNIS / PADEL / PICKLEBALL**

Tennis and Padel - Social and tuition (see sports & activity program)	free
Rent of Padel court + rackets (balls for purchase)	€ 20 / h
Rent of Tennis court + racket	€ 10 / h
Private Padel coach (1-4 persons or 5-8 persons)	€ 45 / 60 h
Pickleball - court + rackets and 2 balls	€ 10 / h

Tennis and Padel, pre book in Sports booking. Rackets and balls included in rental. Courts must be pre booked.

## **BIKE RENTAL, Gravel**

Gravel rides - (social ride, see sports program)	free
Gravel Bike 1 day (subject to availability)	€ 20
Gravel Bike 6 days (subject to availability)	€ 100

Pedals (SPD and flats) and helmet included in rent. Bring your own shoes and water bottle.

#### WATERSPORTS

Stand up Paddle board (SUP) and Kayak tour (weather dependant)	free
Kayak and SUP rental per hr	€ 5
Kayak and SUP trip Private (up to 10pax, per tour)	€ 50
Kayak and SUP trip Private (11pax-20, per tour)	€ 100

# **WOD BOX (X-FIT INCLUDING MATERIAL)**

Training in box on scheduled hours	free
Private use and material for one hour (for groups, on request, subject to availability)	€ 40/h

Pre book in sports booking

## **SPIN-BIKE STUDIO**

Indoor cycling / Spinning (scheduled hours on sports program)	free
One-hour private use with music and 21 bikes (on request, subject to availability)	€ 35 / h

Pre book in sports booking

## PINK PLATFORM & MULTICOURT

One hour private use with music and equipment (************************************	<i>E</i> 20
One hour private use with music and equipment (on request, subject to availability)	€ 30

Pre book in sports booking

#### CONFERENCE ROOM

One-hour use for meetings or indoor classes (for groups, on request, subject to availability)	€ 30
One day use for meetings	Price on request

Pre book in sports booking

Note: All classes are 50 min, always leave a 10 min gap between each class to be able to prepare for the next class. *Prices, brands and opening hours are subject to changes.*