

SPORTS PROGRAM

ASTRID TIND / VIKTOR MÜNTER - UFILTERET FITNESS

PLAYITAS RESORT SEP 2026

TUESDAY 22/9	WEDNESDAY 23/9	THURSDAY 24/9	FRIDAY 25/9	SATURDAY 26/9	SUNDAY 27/9	MONDAY 28/9	TUESDAY 29/9
CPH Arrival 11.10 BLL Arrival 11.00	BREAKFAST 07.30-10.00	BREAKFAST 07.30-10.00	BREAKFAST 07.30-10.00	BREAKFAST 07.30-10.00	BREAKFAST 07.30-10.00	BREAKFAST 07.30-10.00	BREAKFAST 07.30-10.00
			Yoga Shala 07.00-08.00				CPH Departure 12.00 BLL Departure 11.50
		Olympic pool 08.00-09.00		WOD Box 08.00-09.00			
	LUNCH 11.00 - 15.00	LUNCH 11.00 - 15.00	LUNCH 11.00 - 15.00	LUNCH 11.00 - 15.00	LUNCH 11.00 - 15.00	LUNCH 11.00 - 15.00	
					WOD Box 11.00-12.00	WOD Box 11.00-12.00	
	WOD Box 12.00.13.00	WOD Box 12.00.13.00		WOD Box 12.00.13.00	WOD Box 12.00-13.00	WOD Box 12.00-13.00	
	WOD Box 13.00-14.00	WOD Box 13.00-14.00		WOD Box 13.00-14.00	WOD Box 13.00-14.00	WOD Box 13.00-14.00	
	Hybrid Court 15.00-16.00	WOD Box 14.00-15.00					
Hybrid Court 16.00-17.00	Hybrid Court / Workshop 16.00-18.00	Social Volleyball 16.00-18.00					
DINNER 18.30-21.00	DINNER 18.30-21.00	DINNER 18.30-21.00	DINNER 18.30-21.00	DINNER 18.30-21.00	DINNER 18.30-21.00	DINNER 18.30-21.00	
Restaurant	WOD Box	Yoga Shala	Olympic Pool	Hybrid court	Volley ball court		