

SEPTEMBER PURSUIT

Learn

12 journal prompts to keep you curious.

Keep your brain and skillset sharp. September's Pursuit is Learn, a month to challenge yourself and discover something new about the world or yourself.

Use these 12 prompts to reflect, pique your curiosity, and keep learning all month long.

Stay curious all month.

1

What fascinated you as a kid that still sparks your curiosity today?

2

What is one skill you've always wanted to learn?

3

What have you discovered about yourself this past year?

4

What book has been on your list forever, and why haven't you read it?

5

If you could master one new skill, what would it be?

6

What school subject still intrigues you today, and why?

7

Are you more drawn to art or science? What about that appeals to you?

8

Who has taught you something that changed the way you see the world?

9

What are you most curious to learn about other people?

10

What part of the world would you love to explore?

11

What's a creative side of yourself you'd like to explore more?

12

What is a lifelong goal you're still pursuing, and what's one step you can take toward it today?