

# Make a Shift™ Reset™ Kit



**Product Size:** 51 NingXia Red® 2 oz. Singles  
**Item No.:** 46590

Shift toward healthier ways with the Make a Shift Reset Kit, featuring NingXia Red sachets. Support wellness, increase energy levels, and reduce daily stress with every sip.\*

Each NingXia Red serving has the power of:

- 30 grams of wolfberries (in a whole Ningxia wolfberry puree)
- 5 grams of cherries
- 9 grams of blueberries
- 4 grams of pomegranate
- 6 grams of plums
- 5 g of aronia
- Young Living® Orange, Tangerine, Lemon, and Yuzu essential oils

Get Red-y to Reset™ in 14 days with the Make a Shift™ Reset™ Kit. Packed with delicious, nutritious NingXia Red® sachets and a simple wellness regimen, this kit fuels your best you.

## FEATURES & BENEFITS

Clinically shown to:

- Significantly increase physical energy levels while reducing physical limitations\*
- Improve sleep patterns, increasing time asleep\*
- Reduce daily stress significantly to improve mental well-being\*

Additional benefits:

- Provides energy support without caffeine\*
- Supports whole-body health and wellness\*
- Helps prevent oxidative stress\*
- Provides a nutrient infusion for whole-body support\*
- Contains a synergistic blend of Orange, Tangerine, Lemon, and Yuzu premium essential oils
- Contains powerful ingredients that are involved in many antioxidant processes\*
- Supports normal eye health\*
- Supports healthy digestion\*

# Make a Shift™ Reset™ Kit



## DIRECTIONS

**Step 1:** Days 1–3, drink up to 2 pouches 3 times a day. Continue with days 4–14, drinking 1 pouch up to 3 times a day.

**Step 2:** Check out our clinical study and NingXia e-book to learn more about the science and wellness benefits behind the NingXia Red® beverage [here](#).

**Step 3:** Practice healthy habits, like nourishing your body with superfoods and water, moving a bit daily, and making time for mindful self-care.

**Step 4:** Take before and after photos to document and share your progress. Sharing your journey boosts your confidence and invites others to support you.

**Step 5:** Learn more about how to get started with your Make a Shift™ Reset™ Kit [here](#).

## INGREDIENTS

**Proprietary NingXia Red® blend:** 58 g Ningxia wolfberry (*Lycium barbarum*) whole fruit puree, Aronia (*Aronia melanocarpa*) fruit juice from concentrate, Sweet cherry (*Prunus avium*) fruit juice from concentrate, Plum (*Prunus domestica*) juice from concentrate, Blueberry (*Vaccinium corymbosum*) fruit juice from concentrate, Pomegranate (*Punica granatum*) fruit juice from concentrate

**Essential oil blend:** 100 mg Grape (*Vitis vinifera*) seed extract<sup>‡</sup>, Orange (*Citrus sinensis*) peel oil<sup>†</sup>, Yuzu (*Citrus junos*) rind oil<sup>†</sup>, Lemon (*Citrus limon*) peel oil<sup>†</sup>, Tangerine (*Citrus reticulata*) rind oil<sup>†</sup>

**Other Ingredients:** Water, Tartaric acid, Natural blueberry flavor, Pure vanilla extract, Malic acid, Sodium benzoate (to maintain freshness), Pectin, Stevia (*Stevia rebaudiana*) leaf extract

<sup>†</sup>Premium essential oil

## SAFETY

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

## COMPLEMENTARY PRODUCTS



NingXia Zyng® drink  
Item No. 3071



NingXia Nitro® drink  
Item No. 3064



Lime Vitality™  
essential oil  
Item No. 5591



Young Living Stress Away®  
essential oil blend  
Item No. 4630