



# Inner Defense<sup>®</sup>

## supplement

YOUNG LIVING<sup>®</sup>  
ESSENTIAL OILS

Unlock your body's natural defenses with Inner Defense<sup>®</sup> softgels. This dynamic formula reinforces systemic defenses, promotes healthy respiratory function, and offers immune system support with a blend of premium essential oils, including Oregano, Thyme, and Thieves<sup>®</sup>.\*

**Product Size:** 30 softgels

**Item No.:** 3295

Inner Defense softgels unify premium essential oils—including Oregano, Thyme, and Thieves—to create a powerhouse formulation that reinforces systemic defenses, promotes healthy respiratory function, and offers immune system support. Inner Defense has your back, combining nature and science to fortify your body.

### FEATURES & BENEFITS

- Reinforces systemic defenses\*
- Promotes healthy respiratory function\*
- Offers immune system support\*
- Formulated with premium essential oils, including Oregano, Thyme, and Thieves
- Has antioxidant properties
- Keto friendly

### CERTIFICATIONS



### TOP THREE REASONS TO ORDER

1. You're looking for a way to support your body's natural defenses.\*
2. You want to make your body an unfriendly environment for yeast and fungi.\*
3. You need a supplement that dissolves quickly for maximum results when you're on the go.

### DIRECTIONS

- Take 1 softgel each morning.
- Take 1 softgel 3–5 times daily when needed.
- For best results, use Life 9<sup>®</sup> 8 hours after using Inner Defense.

\*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, treat, cure, or prevent any disease.

# Inner Defense<sup>®</sup>

## essential oil supplement

### KEY INGREDIENTS

**Thieves<sup>®</sup> essential oil blend:** This legendary oil blend contains the constituent limonene and the powerful properties of Clove oil, which help support a healthy immune system. The Eucalyptus Radiata in the Thieves blend may even support healthy respiratory function.\*

**Oregano and Thyme essential oils:** This dynamic duo helps make the body unfriendly terrain for unwanted guests such as yeast and fungi.\*

### SAFETY

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Keep in a cool, dark place. Do not expose to excessive heat or direct sunlight. Contains fish (tilapia, carp) and tree nuts (coconut).

## Supplement Facts

Serving Size 1 Softgel  
Servings Per Container 30

Amount Per Serving	% DV
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<b>Inner Defense<sup>®</sup> O3 Super Blend</b> 405 mg	**
Virgin coconut ( <i>Cocos nucifera</i> ) fruit oil, Oregano ( <i>Origanum vulgare</i> ) <sup>†</sup> leaf/stem oil, Thyme ( <i>Thymus vulgaris</i> ) <sup>†</sup> leaf oil, Lemongrass, ( <i>Cymbopogon flexuosus</i> ) <sup>†</sup> leaf oil	

<b>Thieves<sup>®</sup> Essential Oil Blend</b> 225 mg	**
Clove ( <i>Syzygium aromaticum</i> ) <sup>†</sup> bud oil, Lemon ( <i>Citrus limon</i> ) <sup>†</sup> peel oil, Eucalyptus radiata ( <i>Eucalyptus radiata</i> ) <sup>†</sup> leaf oil, Rosemary ( <i>Rosmarinus officinalis</i> ) <sup>†</sup> leaf oil, Cinnamon ( <i>Cinnamomum verum</i> ) <sup>†</sup> bark oil	

\*\*Daily Value (DV) not established.

<sup>†</sup>Premium essential oil

### PAIRS WELL WITH



MultiGreens<sup>™</sup>  
supplement  
Item No. 3248



Thieves<sup>®</sup> essential  
oil blend  
Item No. 3423



Super B<sup>™</sup> tablets  
Item No. 3240



NingXia Red<sup>®</sup>  
beverage  
Item No. 3042