



# Simplified by Jacob + Kait™

## Mona Fields™ essential oil blend

YOUNG LIVING®  
ESSENTIAL OILS

Renew your space with this spring essential oil blend inspired by our Young Living Mt. Nebo Botanical Farm in Mona, Utah.

**Product Size:** 10 ml  
**Item No:** 46159

### ABOUT

Fragrant herbs, freshly turned soil, and crisp mountain air—there's no better smell on earth. Mona Fields essential oil blend invites you to picture yourself in a place of pure peace and relaxation, surrounded by the fresh scents of lavender, goldenrod, and clary sage.

### DIRECTIONS

**Aromatic:** Diffuse up to 1 hour 3 times daily.

**Topical:** Dilute 1 drop with 2 drops of V-6™ Vegetable Oil Complex or olive oil. Test on a small area of the skin on the underside of your arm, then apply to the desired area as needed.

### INGREDIENTS

*Citrus aurantium dulcis*† (Orange) peel oil, *Lavandula angustifolia*† (Lavender) oil, *Salvia sclarea*† (Clary Sage) oil, *Solidago canadensis*† (Goldenrod) flower/leaf/stem oil, *Achillea millefolium*† (Blue Yarrow) oil, *Juniperus osteosperma*† (Juniper) oil, *Artemisia pallens*† (Davana) flower oil

†Premium essential oil

### BENEFITS AND FEATURES

- Has an earthy, floral, woody aroma
- Transports you to springtime fields blooming with fresh botanicals
- Combines Lavender, Clary Sage, Goldenrod, Orange, Blue Yarrow, Juniper, and Davana essential oils
- Free of harmful, synthetic chemicals

### SUGGESTED USAGE

- Diffuse the relaxing, floral aroma to inspire a calm and rejuvenating environment.
- Make a DIY linen spray by filling a glass spray bottle with 15 drops of this blend, 1 ounce of witch hazel, and 3 ounces of distilled water.
- Add it to your spring-cleaning sprays to make your home smell as fresh as a lavender field.

### SAFETY

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight or UV rays to application area for up to 12 hours.

Flammable: Do not use near fire, flame, heat or sparks. Do not store above room temperature.



### COMPLEMENTARY PRODUCTS



Lavender essential oil,  
Item No. 3575



Clary Sage essential  
oil, Item No. 3521



Tunisian Blossom™  
essential oil blend,  
Item No. 46160



Pompeii Sunrise™  
essential oil blend,  
Item No. 46161

