# Deep Night Essence<sup>™</sup> FAQ



# Q. Is this supplement replacing the SleepEssence™ formula?

A. Yes, our newly launched Deep Night Essence product is intended to replace our previous SleepEssence formula. Deep Night Essence is a nature-based formula made without melatonin or carrageenan, designed for long-term use.

If you want a supplement that does contain melatonin, check out our ImmuPro™ chewable tablets.

# Q. Why was this new supplement formulated?

A. Deep Night Essence was formulated to provide a melatonin-free supplement option for daily, long-term use.

# Q. How often should I take Deep Night Essence?

A. You can take Deep Night Essence every day as part of your nightly routine.

# Q. When is the best time of day to take it?

A. Deep Night Essence is best taken at night, just before going to bed.

# Q. Should this product be taken with or without food?

A. Deep Night Essence does not need to be taken with food.

# Q. Are companion products available?

A. Yes, our Super Magnesium™ supplement, Lavender Bath Bombs, NingXia Red® drink, and Lavender essential oil are all wonderful products to pair with Deep Night Essence.

## Q. What are the primary benefits associated with this product?

A. Deep Night Essence works in harmony with your body's natural rhythms to support circadian regulation, maintain healthy sleep latency, and promote more restful sleep for a better tomorrow.\* This means you can still wake up feeling refreshed and ready to tackle the next day.

## Q. What type of capsule is used for the product?

A. Deep Night Essence utilizes a vegan-friendly hypromellose capsule.

#### Q. What size is the capsule?

A. Deep Night Essence comes in a "0" capsule. This size capsule is about 2 centimeters long and can hold up to 800 mg of supplement powder.

#### Q. What essential oils are used in Deep Night Essence?

A. Lavender (Lavandula angustifolia) flowering top essential oil and Spearmint (Mentha spicata) leaf essential oil are used in the formulation of Deep Night Essence.

# Q. How many servings are in a bottle?

A. Each bottle of Deep Night Essence contains 30 servings. A single serving size is two capsules.

# Q. Is Deep Night Essence vegetarian and/or vegan friendly?

A. Yes, Deep Night Essence is both vegetarian and vegan friendly.

# Q. Does Deep Night Essence include ingredients containing gluten?

A. There are no gluten-containing ingredients used in the formulation of Deep Night Essence. This product may be manufactured in a facility that uses gluten in other product formulations; however, according to cGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. If you have additional concerns about using this product, we encourage you to speak to your health care provider.

# Q. Are corn-derived ingredients used in the Deep Night Essence product formulation?

A. There are no corn-derived ingredients used in Deep Night Essence. This product may be manufactured in a facility that uses corn in other product formulations; however, according to cGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. If you have additional concerns about using this product, we encourage you to speak to your health care provider.

# Q. Are soy-derived ingredients used in the product formulation? GMO?

A. There are no soy-derived ingredients used in Deep Night Essence. This product may be manufactured in a facility that uses soy in other product formulations; however, according to cGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. If you have additional concerns about using this product, we encourage you to speak to your health care provider.

# Q. Are ingredients derived from palm/coconut used in the product formulation? Is it RSPO?

A. The magnesium stearate used in Deep Night Essence is sourced from RSPO palm. If you have additional concerns about using this product, we encourage you to speak to your health care provider.

# Q. Are ingredients derived from tree nuts used in the product formulation?

A. There are no tree nut-derived ingredients used in Deep Night Essence. This product may be manufactured in a facility that uses tree nuts in other product formulations; however, according to cGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. If you have additional concerns about using this product, we encourage you to speak to your health care provider.

## Q. Are ingredients derived from sesame used in the product formulation?

A. There are no sesame-derived ingredients used in Deep Night Essence. This product may be manufactured in a facility that uses sesame in other product formulations; however, according to cGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. If you have additional concerns about using this product, we encourage you to speak to your health care provider.

\*These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease.