

Make a Shift™ Essential Solutions™ Kit



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Embark on a life-changing journey alongside your loved ones with the new Make a Shift Essential Solutions Kit! This kit comes packed with the most popular Young Living products, featuring fresh new labels and an exclusive diffuser never offered before. Created with care under our Seed to Seal® quality commitment, these essential solutions make it easy to say goodbye to harsh chemicals and hello to peace of mind in every room.

LOYALTY POINTS

Purchasing this kit qualifies you for loyalty points as part of our Loyalty Rewards program. Learn more about the [Loyalty Rewards program](#).

Experience a world without compromise. Inside this Young Living® kit, you'll find everything you need to guide you and your family as you make the shift to a happy, healthy lifestyle.

BENEFITS AND FEATURES

The Make a Shift™ Essential Solutions™ Kit includes:

- Thieves® essential oil blend, 5 ml
- Purification® essential oil blend, 5 ml
- Lavender essential oil, 5 ml
- Peppermint essential oil, 5 ml
- Deep Relief™ Roll-On, 10 ml
- Stress Away™ Roll-On, 10 ml
- FreshStart™ Diffuser (exclusive to this kit!)
- Product insert with simple tips for using everything in the kit

SUGGESTED USES

- Combine Thieves essential oil blend with witch hazel for an air-cleansing room spray.
- Put a few drops of Purification essential oil blend on cotton balls and place them in air vents to eliminate odors.
- Diffuse Lavender essential oil to create a restful environment before bed.
- Dilute Peppermint essential oil and rub it on your chest for a refreshing breathing experience.
- Roll Deep Relief Roll-On onto muscles and joints after a workout.
- Glide Stress Away Roll-On onto your temples for a moment of calm after a challenging day.
- Diffuse 8–10 drops of essential oils in the FreshStart Diffuser to freshen the air and set the scene for work, play, or rest.