



# Roots Essential Oil Blend

Roots™ essential oil blend combines precious, grounding oils, including Sacred Frankincense, Grand Fir, Cistus, Myrrh, Balm of Gilead, and Angelica. Used throughout history, these ancient oils now come together to create a sense of nourishment and stability as you work to strengthen your own personal foundation.

**Product Size:** 5 ml

**Item No:** 41520

## SCENT PROFILE

Grounding, earthy, woody scent

## ABOUT

Originally formulated by Young Living Founder D. Gary Young, Roots essential oil blend carries the gentle, grounding notes of Sacred Frankincense and Myrrh and the sweet, soothing scents of Angelica and Cistus. Also featured in this rich, earthy blend is Idaho Grand Fir from our Highland Flats Tree Farm in Naples, Idaho.

Our Roots blend reminds us that our roots run deep and are steeped in the history, knowledge, and strength that Gary and Mary established more than 25 years ago. Grounded in the strength of our legacy, we have the foundation of wisdom that frees us to spread our wings and look to future horizons.

## TOP THREE REASONS TO ORDER

1. Combines precious oils from revered aromatics mentioned in some of the earliest writings
2. Has a grounding, earthy aroma that creates a sense of nourishment and stability
3. Pairs well with Wings essential oil blend to create a runway to attain new levels within yourself

## BENEFITS AND FEATURES

- Benefit from the grounding, rich earth tones of Myrrh, Cistus, and Angelica; the fresh, woody notes of Sacred Frankincense and Grand Fir; and the soothing essence of the Balm of Gilead.
- Use Roots essential oil blend while working to reconnect with the divine or your inner self or as you work to strengthen your own personal foundation on a daily basis.
- Use it during meditation, yoga, prayer, or spiritual practice as you work to rediscover and remember your inner strength.

## SUGGESTED USAGE

- Diffuse Roots while you work to feel centered and regroup yourself.
- Rub Roots on the bottoms of your feet to enjoy the enriching, grounding aroma as part of your wind-down routine.
- Inhale Roots as you envision the roots of a tree and meditate on your own ability to grow and stand tall.
- Use while you're working on your personal spiritual awareness and building strong foundational roots.

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## DIRECTIONS

**Topical:** Dilute 1 drop with 1 drop of V-6™ Vegetable Oil Complex or olive oil and apply to desired area as needed.

**Aromatic:** Diffuse up to 30 minutes 3 times daily.

## INGREDIENTS

*Commiphora myrrha*<sup>†</sup> (Myrrh) oil, *Abies grandis*<sup>†</sup> (Idaho Grand Fir) oil, *Boswellia sacra*<sup>†</sup> (Sacred Frankincense) oil, *Angelica archangelica*<sup>†</sup> (Angelica) oil, *Commiphora gileadensis*<sup>†</sup> (Balm of Gilead) oil, *Cistus ladanifer*<sup>†</sup> (Cistus) oil

<sup>†</sup>Premium essential oil

## KEY CONSTITUENTS

Beta phellandrene, alpha-pinene, beta-pinene, and bornyl acetate

## SAFETY

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight or UV rays to application area for up to 12 hours. Not intended for use during pregnancy.

## KEY INGREDIENTS

- **Sacred Frankincense essential oil:** One of the oldest and most revered oils for its ability to uplift the spirit
- **Idaho Grand Fir essential oil:** Has a refreshing aroma that evokes the nostalgia of a freshly cut Christmas tree, supports meditation for an increased sense of spirituality, and promotes the sensation of deeper breathing
- **Cistus essential oil:** An anointing oil that was used traditionally to nourish the skin
- **Myrrh essential oil:** Used in ancient times as far back as 1,600 BC as a fragrance and in topical balms for spiritual balancing
- **Balm of Gilead essential oil:** A very rare and ancient oil traditionally used for its antioxidant properties and historically known for its ability to soothe the skin
- **Angelica essential oil:** Known as the “oil of the angels,” with a very delicate, intoxicating aroma

## COMPLEMENTARY PRODUCTS



Wings Essential Oil Blend  
Item no: 41536



Divine Destiny™  
Collection  
Item no: 38479



Sacred Frankincense  
Essential Oil Blend  
Item no: 3550



Grounding™  
Essential Oil Blend  
Item No. 3348