

Lavender Vitality™

essential oil supplement



Product Size: 5 ml
Item No: 5590

Young Living sources its most popular product—Lavender essential oil—from farms in both the U.S. and France. The lavender plant belongs to the mint family, and this best-selling oil is extracted from the steam-distilled flowering tops. Perhaps part of Lavender oil's popularity comes from its extensive history that reaches back thousands of years to ancient cultures. Even as far back as ancient Greece, the physician and botanist Pedanius Dioscorides praised the plant's many qualities and uses. Today, Lavender is included as a key ingredient in many Young Living products, such as SleepEssence™, and our Seedlings® product line.

Lavender Vitality™ can help with occasional sleeplessness by supporting sleep quality.* It also offers antioxidant properties* and can be added to foods and beverages, giving them a delicate, floral flavor that combines well with citrus and herbs.

BENEFITS AND FEATURES

- Can help support sleep quality for occasional sleeplessness
- Features antioxidant properties
- Offers a delicate floral flavor

SUGGESTED USAGE

- Add it to your favorite Young Living® tea and beverages for a peaceful experience during your nighttime relaxation routine.
- Incorporate it into your daily relaxation routine to promote a peaceful, positive experience.
- Add a drop or two to baked goods or lemonade for a delicate floral flavor boost.
- Dip a toothpick into Lavender Vitality and swirl it through chicken, lamb, and vegetable marinades.
- Add 2 drops to a vegetarian capsule to take advantage of Lavender Vitality's antioxidant properties.*

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DIRECTIONS

Put 2 drops in a capsule and take up to 3 times daily.

SAFETY

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

INGREDIENTS

Lavender (*Lavandula angustifolia*)[†] flowering top

[†]Premium essential oil

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

COMPLEMENTARY PRODUCTS



Orange
Vitality™
Item no: 5627



Lemon
Vitality™
Item no: 5625



Frankincense
Vitality™
Item no: 5587



Thieves®
Vitality™
Item no: 5631